

The Man God Has For You

*7 Traits to Help You
Determine
Your Life Partner*

STEPHAN LABOSSIERE

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Preface



I'm sure you're wondering why I wrote this book. Well, to make a long story short, God told me so. And I mean that genuinely.

I don't proceed with any project unless I've prayed and asked God if I should move forward, and if this is what He wants me to do. Even before I write a chapter, I pray to make sure I say what God wants and that I provide information that can help, uplift, enlighten, and encourage you. This is not only my purpose, but also my goal with this book.

The next reason is to offer a form of guidance, from a man's perspective, on how to navigate relationships as a woman of God. You've heard on many occasions that a man is supposed to "protect and provide" and you may have been taught this; however, a lot of women have not been protected and provided for. There are many woman, and it could be you, who have not received proper *manly* guidance and advice. Guidance and advice that doesn't encourage you to compromise who you are, or provide onesided views on how men and women should operate in relationships. Advice from men who desire to see you do well; to shield and protect you from nonsense, as well as, offer insight on best practices to help you navigate through life. The security of knowing this man (or men) offering you guidance and advice has your back.

That's who I want to be for you.

I want to be the man who has your back, the guy who gives you loving guidance. The man who works to protect you mentally, emotionally, and spiritually from getting caught up in situations I know will cause more damage and keep you off the path where you belong.

I don't want that for you.

It's an important focal point with every book I write. Each book represents pieces to a puzzle designed to make sure you get what you deserve and experience the life that God setup for you.

Also, I understand people struggle with relationships and I want to be able to breakdown every aspect. I don't believe in just writing one book and trying to mash everything into it. What you will experience are different books that cover different aspects of the puzzle that helps you see the bigger picture. It's all created to ensure you receive what's best, as long as you embrace the information and be willing to do your part in the process.

I want to see you win.

Period.

Point blank.

I no longer want to see you hurting or lacking. I want to witness you getting everything you deserve. This is the reason why I wrote this book.

I can hear the questions now, what about the men, the men need help too? You're absolutely correct! I have books for men and they're available if they CHOOSE to invest. I'll always be willing to encourage and help them. However, I'm going to be honest ... YOU are my priority.

Women have an amazing power that is gravely important to and in this world. My mission to help you heal and get back on track can have such a profound impact on society. You are our mothers, sisters, and wives. Collectively, your influence is greater than you realize. Even if none of those roles apply, be you a friend, or in your daytoday behavior; your energy is huge. I recognize its importance. I can heal onehundred men and those hundred men may be unable to heal one woman. However, I can heal one woman and her energy has the power to impact those hundred men and more.

And you may not understand or fully agree; however, I'm telling you, as a man whose coached individuals for over nine years, I can attest to your capabilities as a woman and it's important to protect and nurture this, as well as assure you are in the right place to exude this power.

That's the why.

Plain and simple.

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Introduction



Does God really have a man just for me? If so, where is he, when is he coming and what in the world is taking his behind so long!

I'm sure that's what you're thinking and I understand how you feel. Waiting on the man God has for you can be annoying, frustrating, and at times, you feel hopeless. It's not an easy path to walk. However, when done right, it will without a doubt, provide the most benefit.

Does God really have a man just for you? Well to be honest, the answer is yes and no.

No, because your actions can have an impact on whether you receive him or not. The idea of a "soulmate," a person you're guaranteed to be with is simply not true. We all make decisions in life, and unfortunately many people make choices that block them from being with the person who's best for them.

Notice I said the person who's best for them.

This is where I believe the term "soulmate" can be applied. It's the yes when determining if God really has a man just for you. God knows the people who will walk into your life, as well as those who will align with your purpose and have successful relationships with you. He'll embrace any choice you make. But what you believe is a good choice may not be God's choice. Many of you are familiar with the phrase "wait for your Boaz." For those who aren't, here's a quick explanation.

Boaz is a biblical character from the Book of Ruth who becomes Ruth's husband. Part of her story speaks to her experience of receiving a good man and is often used as reference for single women who hope to one day marry. The phrase itself is symbolic of saying, wait on the man God has for you. Ruth's story shows proof that when you move forward in obedience, patience, and faith, you can receive the blessings that await you.

So again, does God have a man that is just for you?

Well, to be technical, if you read 1 Corinthians 11:19 KJV it states,

Neither was the man created for the woman; but the woman for the man.

Basically, you were created to be a blessing to a man who puts God first. Not that this is your only purpose, but with regard to relationships, this is the dynamic. Ultimately, you have to be able to recognize who is worthy of you as their blessing and who's your best fit. What I'm going to discuss in this book will help you recognize the qualities that need to be in place before you move forward with a man of interest, as well as a glimpse into the work that

must be done on your end for him to receive you.

As you continue to read through this guide, I want you to pray about what you read. I don't expect you to take my word as bond simply because I'm Stephan "the relationship coach" or Stephan who has all these "followers" on social media—no. I want you to accept what I say because you've gone to God, asked him about it, and he's given you the green light. And this isn't specific to this book, it's for everything. Even when the pastor tells you something, or when someone comes into your life and prophesies over you. For the friend that offers you advice, or anyone who gives you information, go back to God and verify. Be sure that the information is for you. Don't just walk away with a person's word or guidance. We are not God.

I am not God.

I'm the messenger, a middle man. However, there's still a lot of people who scream and claim that they are. They claim to have your best interest, when in truth, they're setting you up for disaster. I can say, with confidence, that's not my purpose; however, I'd be a hypocrite to say, "don't pray about what I said, but you should pray about what everyone else says."

No.

Pray about it all.

Pray about everything you've considered implementing in your life.

It's not only important to ensure you receive the right information, but also to cultivate and nurture your relationship with God. To develop the habit of talking to and hearing from Him is what's key. You must learn to hear from Him more than anything else.

Lastly, be open and receptive to what you read. Some of it may be a refresher, while some may be new and eyeopening. There's nuggets in here that will really hit you. But, you have to be willing to accept and implement the new strategies in your life. Don't read this book and continue as you were, or hold on to the same perceptions. Be open to explore a different approach. Now don't get me wrong, if all is well and perfect in your life, then by all means, proceed as you are. However, I'm sure that's not the case and I believe that's a fair assumption.

With that said, don't be afraid.

Much of what you read may open the door to vulnerability and that's a good thing. It will be scary and a hard pill to swallow, but it's in your best interest and that's what matters.

In this book, you'll find not just the 7 Traits, but also additional topics I've included throughout the text as supplements. These go a bit more in depth regarding a few topics I've discussed with my followers on social media, other clients, people at events, and casual conversations. I'll dispel one of the biggest myths in dating, breakdown the most common perception shared among friends, family and the internet. As well as, help you shift how you

communicate with God.

I'm grateful you've chosen to walk this journey with me and I hope you're ready to get into the next chapter.

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Myth

There Aren't Enough Men for Every Woman to Receive Her "Boaz"



Since writing *God Where Is My Boaz*, I've gotten detractors.

People who love to spread this discouraging belief that there aren't enough men for every woman. That every woman won't experience or find their mate. Based on this belief, these detractors claim my message is a dream, a fairytale, or an unattainable goal for a lot of women and it sets them up for failure. And this doesn't just apply to the people on social media and gurus, also it's those you value. Pastors, other spiritual coaches, even your friends and family share these misguided narratives and it makes me sick. It's a message of sabotage that kills the hope, faith, and belief of a woman who patiently awaits and prepares to receive a loving relationship in her life. It promotes the idea to give up and let go, and they insist they're being more *real* and *honest* with this negativity. It's ridiculous, and bottom line it's dead wrong. I'm a firm believer that you will receive the man God has for you.

Plan and simple.

Here's an analogy ...

Imagine there's a club called, *You Get a Man*, better yet, it's called *You Get a Husband* because you're not just looking for a man. Your desire is to receive a husband, a partner with whom you share your life. So, we have club *You Get a Husband*, and in line are women from all backgrounds and beliefs. As a woman of God you have VIP status and access. With this access, you get to skip the line since God gives His people the best. As long as you do what's necessary to get on the VIP list, you don't have to wait with the crowd.

But here's what happens.

You get to the front of the line, security asks you for ID and you don't have it.

And I'm not talking about your license or passport. Not that ID. I'm referring to your *internal* ID, the one that wakes up with you, the one you see in the mirror each day, the one people recognize as soon as you walk in the door—that ID.

Why would you not have ID?

Well, it's because you haven't discovered who you are. You haven't met the person God designed you to be, or walked in your purpose. You haven't quite figured out your life. Although you have VIP access and can get to the front of the line, you can't get in because you're not prepared. You haven't done the work to receive all God has in store for you.

Be clear, this isn't to discourage you. However, there's no point in worrying about statistics, how many men there are, or what you won't have.

The point is, you get to skip the line.

You're set apart from the rest because you have VIP access, but do you know who you are?

Here's the deal, before you get concerned with the amount of men there are in the world and whether or not you'll get one, you have to get right with YOU and God. You have to discover your greatest self and there are three keys to doing this.

#1 – Heal From Your Past

One of the core components to discover who you are is to heal from your past. When you heal from your past, you're able to get right with yourself and God. However, when you haven't healed from your past, no matter how much you want love or think you're ready for it, there will be a struggle. Not healing from your past prevents you from moving forward, and when true love comes your way, you'll run. Of course, it sounds crazy to run from love and not take advantage of it when it comes your way; however, when you haven't let go of past hurt and pain, it blocks you from being vulnerable. Vulnerability is necessary for you to not just receive love, but also give it. It's the bridge that assists with nurturing the type of relationship God wants for you. Lack of healing, will prevent you from accepting that love.

Next, when you haven't healed, it blinds you. Ladies, hurt and pain blinds you. If you've never acknowledged or properly resolved your past issues, navigating through life will be as if you're walking through your house in the dark, or down the street with the broken glasses. You can't see straight! This skewed vision or lack of foresight causes you to end up with the wrong person, in a bad relationship, or holding on to situations way longer than you should. Being blind to nonsense is detrimental to your spiritual and emotional sanctity.

Lastly, not healing from your past stops you from exuding positive energy. Positive energy is necessary to attract the great relationship you seek. Let's be honest here, although you may be a good or a great woman, it doesn't mean you're a positive one. If you're not positive, trust and believe you will struggle to attract and embrace the right man. However, you will have no problem attracting men who only want sex and will waste your time. Those guys don't care about negative energy. Their only concern is how you look, what they can get out of you, and what ways they can take advantage of you.

For the man who genuinely seeks a true relationship, when he sees or senses the negative energy it will push him away and turn him off. Or, he'll assume he's a bother, not welcomed in your presence, and will walk away. It's imperative you do what's necessary to get the healing you need to embrace

and attract the love that's for you.

#2 – Finding Your Purpose

I know a lot of this sounds easier said than done; however, it still needs to happen. If you don't know where you're going, you won't know who belongs with you on that path. Aside from that, you won't find your true happiness.

In the previous section, I discussed how being positive, exuding that energy, and healing yourself is essential. However, what contributes greatly to this is being happy. You have to do things you enjoy and find a career that speaks to your heart, so that you radiate this great energy. Although the process of getting there may be a struggle, there's a sense of peace that comes from within when you know you're on the right path. The comfort of knowing who you are and what you're meant to do is essential. You don't want to end up in a relationship and realize the man you're with doesn't cosign, feel comfortable, or agree with the path God has for you. That strain will set you back and keep you from fully embracing who you are.

There are plenty of women, right now, who aren't walking in their purpose because they're trying to walk with the wrong man. He is holding them back. He became an anchor in their life. They're stuck, and unable to progress the way God intended.

And it's not just the man in their lives.

The wrong friends, other negative associations in your life, your job, a myriad of things that don't belong can represent the anchor. In order for you to know what fits, you must know where you're supposed to go. It's important that you take the time to make sense of your purpose.

#3 – Know How to Hear God

A lot of women tell me they pray but, after further conversation, I notice they aren't listening. As you move forward in the book, I'll address this more in detail.

What's your intent when you pray? Do you pray to make a request or to vent? Do you pray in a moment of distress or frustration? Or do you ask a question to receive an answer in your spirit? I get this isn't easy for most. There is so much to unpack with praying properly and how to hear God. However, as a foundation, it's important you get to a point where you enter prayer with the intent to listen to what God says, because it's how you'll receive directions.

Mutually, men and women are supposed to be obedient to God; however, this can't happen without knowledge of the orders or directions He has for you. We all have specific instructions. Sure, the Bible and other spiritual leaders who aid you on your journey can give you guidance, and even me; but to get down to the crux of what you're supposed to do it needs to be specific and from God. There will be instances where you're told to go left, while

someone else has to go right, and you'll need more than just the scripture and service alone. These tools are in place to complement God's message in prayer and confirm what you've been told.

As I said earlier, with everything, including this book, go back and confirm with God that this is the correct information for your life. If you hear anything different from Him, go with that. What God says trumps anything I have to say, your pastor, friends, family, and even what you *want* to do. We struggle with hearing God because we don't like the message. We don't like (or approve) the path He is telling us to walk. It doesn't make sense or add up. But, to have what's best we have to listen; then act.

Me writing this book is listening and being obedient.

This is why I'm here, doing this, speaking to you, trying to help. I'm doing my best to be obedient and do what's required of me. My prayer is that this will help you, so ultimately, I want you to do the same for your life because that's what will help you.

God is not bound by numbers.

I live in Atlanta, which is notorious for its perceived lopsided male to female ratio. When the numbers are lumped together, there's only a 3.0% difference between the number of men and women in the city. However, what alarms most women is the number of SINGLE women that outnumber the amount of single and available men. This lack of availability may be due to various reasons such as sexual preference, incarceration, and other statuses that knock men off the list; however, this also applies to women. As lopsided as the numbers may appear, they really aren't what they're assumed to be. Still, it doesn't matter.

Think about it.

You're working with God and have faith He can provide you with everything. You believe He can provide you a life filled with abundance, but you think He will shortchange you on a man? There's enough for everything else, but not enough men? You honestly believe that's how it works?

No, it doesn't.

Remember, you're at the front of the line, you're VIP. You get to skip everyone else, but you have to do your part to be ready when doors open. Be honest with yourself. Be honest about not doing what you need to do. Even if you think you have, there may be things you overlooked. Again, it's not to pass judgement, discourage you, or make you feel a way. It's to help you understand there are pieces to the puzzle you can add that will bring the results you're looking for and all you desire.

Always know there's work to be done on your end.

Be open to make improvements and adjustments. Be confident that these

steps can get you results. Don't get distracted by those who claim they're doing their thing with no results. When you start to speak to people on a deeper level, you'll discover what's been overlooked, skipped, and not addressed in their life. This is why the puzzle pieces don't fall into place for a lot of people.

When you're ready to change and receive what God has for you, do the work. Never believe there's not enough for you. There's an abundance for those who follow and trust God in everything. There are no limitations. Do your part, stay the course, remain positive and everything will be yours.

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Trait #1

You Will Be Attracted to Him



You know what they say, God don't like ugly ... OK, so the phrase refers to a person's behavior, not their looks; however, it's a suitable quote for what we're about to discuss.

Believers are oftentimes encouraged to accept that looks shouldn't matter or be as important, to focus on the inside because that's what counts. I agree. Looks should not be the focal point when seeking a partner; however, they shouldn't be ignored. God isn't trying to set you up with someone you're not attracted to.

Think about it?

Why would God want this? It's an important piece of a romantic relationship. It's the reality of how things are; yet, attraction becomes the excuse people use when they want you to settle or accept less. They'll claim you're being "too picky", and because they want you to rush to be with someone, they'll encourage you to overlook a lack of attraction.

For instance, if a person doesn't want their looks used against them, they'll downplay the importance to avoid hurting their chances of being with you. Family members and friends will dismiss it because they want to connect you with someone they know may not be the most attractive in your eyes. None of it means looks aren't important, or that you should buy into the idea that God wants you to be with someone you're not attracted to.

Looks vs. Attraction

There's a difference between looks and attraction. This is where I believe a lot of people get confused. When saying, looks shouldn't be important it's the specifics about a person's physical attributes that you need to avoid. I don't believe you should have a list. If the requirements include this man being six feet tall, with a specific hair and eye color, and a particular build, then yes, that shouldn't be so important. The package in which God will send the person He has for you may not be what you expect, but the person will have everything you need and attraction will be part of it.

So what's the difference?

When two people have an attraction, it's specific to the action or power of sparking an interest, pleasure, or the like for someone or something. It's the force that draws a connection, which I'll get into later on in the book.

There are different types of attraction. You can attract or be attracted to

someone in many ways. Physical attraction is important, and although this attributes to sexual attraction, what you ultimately want is to develop a romantic attraction with someone. This particular attraction brings the desire of a romantic relationship and determines if this person is for you.

We all have our preferences, desires, and physical traits that we're drawn to or like and still found ourselves attracted to someone who doesn't fit our particular style. It's the attraction that's important, not if the world thinks they're cute, or if your friends think they're hot. The attraction is there despite them not having your preferred look, and if it isn't, I would never tell you to move forward. Doing so is detrimental and I'll provide the reasons why; however, if it is in place, even if they're not your typical style, you should be open to and embrace it.

Attraction is the ingredient that transitions a relationship from platonic to romantic. Without it you have friendship, roommates, "play cousins," anything but a romantic relationship.

There is no way around it.

To expect you, or anyone, to enter into a romantic relationship with someone where there's no attraction to would be foolish, and lead to bigger problems than you can imagine.

Many of you may clap your hands in agreement, happy that someone finally confirmed what you've known all along. People tried to convince you otherwise, told you it's not a big deal and to ignore it. Even beaten you down with the idea and encouraged you to settle for someone less attractive. On the other hand, some of you may wonder what real issue would it cause. You believe you can grow to like this person, the attraction to him being the least of your worries. If you've entertained the thought of moving forward with someone you're not attracted to, I need you to understand why this a HUGE problem. I'll share three reasons.

#1 – Lack of Effort

When there's a lack of attraction, there's a lack of effort. Whether you admit it or not, when you're not drawn to or physically desire a person, your effort in the relationship suffers. In fact, you'll expect them to give more. In your mind, they're not cute enough for you to do all this extra stuff. And you may not say it out loud but those subconscious thoughts will show in your behavior. You'll react with disapproval and dismiss him without thought. The lack of attraction brings less motivation and drive to put in the work and effort. You'll believe they should work harder to keep you.

You may think having the upper hand isn't all that bad, still, if you're not prepared or lack the desire to put in the effort, you'll never get the results you're looking for in a relationship. You'll be unfulfilled because you have not fulfilled them. They may pick up the slack because of their initial

infatuation. Eventually this will become burdensome for them, and they'll crumble. The lack of desire and attraction will lead to a lack of effort.

If you need further proof, look at those who are married.

Attraction has become this taboo topic that doesn't get discussed. It's not talked about the way it should and we love to mask its necessity. We believe, if we love the person, then it shouldn't matter. However, when you pay attention to married couples and notice the "flame" fizzing out, or the lack of effort and desire, I guarantee in many cases, you'll find the attraction has dwindled. The drop in attraction could be due to many reasons such as physical changes, lack of trust, or betrayal; however, something occurred which impacted the ability for that person to remain attracted to their partner. One way or another, it's not the same. There's a direct correlation between a lack of attraction and lack of effort.

Plain and simple.

#2 – Lack of Affection

I've witnessed couples where the woman barely wants to be touched by the man. She'll try to mask it with phrases such as: *I'm just not an affectionate person* or *I'm not in the mood* when the real truth is that the attraction to her partner isn't strong enough, and she doesn't want him touching her like that. Bring the right man along and it's a completely different story. Their affection towards their children, friends, and other people is evident, but not with their own man. Sure, there are other issues that lead to lack of affection, but what I'm telling you here, in this chapter, is that a lack of attraction will impact and create a lack of affection.

Don't even think about fighting me on this one and NO, you CANNOT get passed it!

If you aren't giving your partner affection, they will not feel desired in the relationship; and if they feel undesired it's going to cause problems. It will affect their ability to compromise. It will affect how they feel, as well as create negative energy. I know you don't want to hear (or believe) this, but yes, it can also open the door to infidelity. When a person isn't feeling desired at home, I guarantee, someone's going to come along and give them what they need outside the house. It's a natural gravitation because as people, we like to feel desired. Affection is simply an extension and expression of that desire; so when it's removed, it leaves a void to be filled.

#3 – Lack of Respect

This goes back to what I mentioned prior about a man not being "cute enough" for you to work this hard. When there's not enough attraction, it is very easy for a lack of respect to show up; and if you pay attention to most couples, you'll see it more often than not. The obvious is that a lack of respect will destroy a relationship.

There's no way around it.

You might think you can work around it. That you wouldn't stoop to those levels, or entertain such things; however, it's very easy to believe that in the beginning. You have to consider the longterm effects when you ignore things like attraction and other red flags I'll discuss further along in the book. You have to understand you're setting yourself up for failure and be honest about your ability to work past this while you two are together.

It's my hope, that the plan is be with them for the rest of your life, so can you really handle that? Can you really handle a lack of attraction with your partner for the rest of your life? They're not going to wake up one day and be "cute" to you. You're not going to wake up one day and all of a sudden want them NOW more than ever. It's not impossible, because people go through a lot of drastic measures or make certain changes that can affect attraction; however, you can't go in expecting that to happen and in most cases, it doesn't.

The lack of attraction should not be ignored.

Still, I can hear some of you saying, but looks fade, looks go away. Why should we be so concerned with attraction and looks? Again, looks are only physical, while attraction refers to the interest and the like of the entire package, not just the parts.

Older couples are perfect examples.

Even though their looks may have faded as society sees, when they see each other they still recognize the subtleties and nuances that made them beautiful to each other. That's what fueled the attraction to their partner. Know that there's a difference between aging, letting yourself go, and not having the desire or attraction to someone from the beginning.

Saying looks fade is not an excuse to overlook it.

Money comes and goes, are you going around looking for a broke man right now? Health fades, are you going to the ER to find a date? No! You're not doing any of that, so don't give me this "looks fade" stuff. The issue is still impactful to your situation. It doesn't go away or allow itself to be overlooked with the belief you'll still be able to have this happy, glorious, wonderful relationship, regardless of its absence. You can't be in denial about that. You can't run away from that truth. You have to be honest with yourself about what you can handle and not try to ignore it simply to appease other people wanting you in a relationship. Or because you feel your clock is ticking, you rush and get with a man who's mediocre or "safe" because you don't believe you have time to wait for the "right" guy.

Or ...

You don't trust being with someone you're overly attracted to, or the guy you consider "too good looking." I can't tell you how many women I come across who fear being with a really good looking guy.

For just as many women who love being with a man other women desire, there's just as many who fear it. It's clear there is a deeper issue that needs to be addressed and not simply think the solution is, "let me get with a guy who just doesn't look that good."

It's OK if the guy doesn't fit the profile you would've desired if you made your own list; however, if you are not genuinely attracted to him, you should not move forward, and know this is not who God sent you. He wants your relationship to glorify Him. How does this happen if there's a lack of affection, respect, effort, and desire?

This doesn't reflect well upon God.

It makes people believe what He's brought together look bad. No one will want any of it, especially if you claim God had His hand on it. Trust and believe, every relationship that consists of two people who've gone to God, talked to Him and made sure that they were supposed to be together, is to glorify Him, and be an example of the greatness God can provide.

Yes, it may come in an unexpected package, not fit the dynamic, or the qualifications other people think you should shoot for; however, what will speak loudest is your joy, happiness, positive energy, and desire for your partner. That should be there and attraction is a big part of it.

While attraction is important at the beginning stages of a relationship, it is even more important once you're there. Understand that if you love your partner, if you care about them, you will want to do things to feed, maintain, and nurture the attraction. You cannot get into the mindset of they should just accept me for me, love me *anyway*—no. If you love them, you should want to look good for them. This goes for men and women. Any romantic relationship, regardless of what it is, if you're trying to be together in the long run, then you want to embrace that.

That's a future note, put a pin in it for when the time comes.

For now, remember that you will be attracted to the man God has for you. If that doesn't exist, don't think you are expected to move forward. Always remember to pray and ask God. Make sure this is the man that He wants you to move forward with, so that you can go forth in peace and not with an unsettled feeling of getting less than what you desire, or what makes you happy. That's not what God wants for your life or for your relationship.

Trait #2

His Will Love & Cherish You, Not Disrespect You



I know what you're thinking ... This should be obvious, "common sense." Unfortunately, common sense isn't always so common. The fact is that a lot of people, possibly you, are experiencing abusive and/or toxic relationships. Relationships with men who exhibit negative and disrespectful behavior. Even if you're not currently in this situation, you could be the person that believes you'd never deal with this type of behavior. It's unacceptable and it would never be you, and in the blink of an eye, you're in it and don't know how to get out. It's now a situation of struggle. For various reasons, this may be a reflection of your upbringing or other relationships, and believe it's not as bad as it appears. However, the fact remains, you have to be aware that any man who continues to disrespect or mistreat you is not a man sent from God. Here's why you may not fully understand the issue.

It's possible you were raised in a dysfunctional home. A lot of people have been around negative, unhealthy, toxic behavior, and to some extent, tried to normalize it; paint the picture as, *this is just what happens in relationships*. When this environment is normalized, you don't realize or grasp how unhealthy it is. You begin to validate, rationalize, explain and sweep it under the rug. What's evident is that it's a problem and shouldn't be dismissed.

Another reason why you may not grasp the issue is the lack of healthy and happy examples of relationships. The lack of examples makes your relationship appear as if it isn't any worse than what the people around you experience. Therefore, you believe you have it better off and it makes you blind to what's occurring. Not to mention, these issues more than likely started way before you got into the relationship. Although some of you may not be with anyone currently, you have to make note of the red flags. Oftentimes, some women paint certain jealous or possessive behaviors as acts of love.

I'll never forget my former client. She's a mother who tried to justify the actions of her stalker boyfriend. This man parked outside the house and watched her every move. She'd convinced herself this what people do when they're in love.

Really!

This is a mother justifying toxic behavior, so of course, when the daughter is older, she'll struggle with understanding why this is wrong, as well as when to draw the line in a similar situation. I'm certain this woman's past includes

relationships even more toxic than this, so to her, it's nothing. It's no big deal. She'll sweep it under the rug and continue to validate it. She'll make it seem as if it's all good because she's speaking from a place of brokenness where she hasn't healed, which is the next reason why you may not grasp the issue.

You'll notice *healing from your past* is a repeated foundation of not only accepting love, but also being able to recognize the man God has for you. Of all I mentioned, your friends and the unhe household, if you haven't healed from what you've been exposed to or witnessed, that brokenness you're holding will prevent you in not just recognizing the toxic relationship or person you're dealing with, it will prevent you from breaking free.

Subconsciously, you'll always find reasons to remain in a situation where you don't belong.

I acknowledge there may be some bickering, arguments, and even a moment where a disrespectful act occurs. Every situation won't be a recurring issue, just as every man isn't going to be toxic. Certain issues can be handled effectively and resolved. In order to understand this, you have to know the difference between a *mistake* and a *real issue*.

A ***mistake*** happens once with the issue being acknowledged. Even if it happened twice, it's unlikely for the two incidents to occur in a short span of time and still be regarded as a mistake. I'll give you an example.

Let's use the woman from the scenario above.

Let's say the woman said something disrespectful to her boyfriend in the heat of an argument. He let her know how this affects him, how it makes him feel.

She apologizes, recognizes that it's an issue; however, somewhere down the line, she gets upset and does it again. It is possible for the second time to be a mistake because she may have lost her composure and it happened, still, she's genuinely trying to work on it and has shown an effort.

This same principle can apply to a man.

It is possible he did it once and it was a mistake.

He acknowledged it, he's worked on it, you saw progress, he had a moment, but he's back on track.

Notice I said: ***he acknowledged it***. If a person does not acknowledge what they did, if they do not take ownership of it, then you're not dealing with a mistake—it's a ***real issue***. It's a much bigger problem because nothing can be fixed if that person sees no wrong in what they did and tries to defend, validate or excuse it. It's a clear indication that it will, without a doubt, happen again.

If you say to a person what you dislike and all the person does is make excuses about how you pushed them to that point, or claim they did it because, "that's just how they are," it's going to happen again because they don't see the problem.

There Has to be Genuine Progress

Genuine progress is determined by recognizing the conscious effort. We know when someone is putting forth the effort to ensure they respond differently and take a better path of resolution in those situations. If there's no effort to make better choices, or walk a better path, then again it's not a mistake but a *real issue*.

It's one thing to say, "oh, I'm sorry, my bad, I won't do it again," because I know that you're upset and it's an issue I just want to get under control.

However, that doesn't mean I understand what I did.

If I don't understand how throwing your past in your face makes you upset and feel insecure in the relationship, I'm going to have a hard time not committing the same violation. When there's no connection to the problem, there's a greater chance to commit the same infraction. It's human nature.

You want to make sure there's a level of understanding, and granted some people may not completely connect, but at the very least, they need to recognize that it affects you and that it's a problem. And it's even better when they can understand **WHY** it's a problem; *why* it's affects you, *why* it's an issue. Then, it will give them more fuel and a greater ability to avoid committing the same offense.

So again, in order to qualify someone's actions as a mistake they have to first be *willing to acknowledge the issue and own it*, they have to *show genuine progress* in trying to do things better, and lastly, they need to *understand the issue*. It is only when these three things take place, that an action can be labeled a mistake. This justifies the reasons why it can be resolved and why you can still move forward with this person. If those requirements aren't met, the action is not a mistake, it's a real issue and that is not the man God has for you or he simply isn't ready.

To be clear, the man God has for you is not going to be the perfect in that he'll never do anything wrong. We all slip up. We're human beings, we sin, we do bad things sometimes—it's life. Still, there's a difference between the person who makes a mistake and wants to do better and be better for you, as opposed to the person who does it and doesn't care about how you feel. They don't give one damn about how this affects you. All they care about is themselves, how they feel, and what they're looking to get out of a situation.

A person like that will always dismiss your feelings and the impact of their actions. Doesn't matter if they use the household excuse or claim *it's just the way I am*, they need to seek counseling. They need to get help. When they have healed and corrected their issues, only then, can that person come back, or you consider the possibility of embracing them coming back. You're not obligated to remain with someone while they continue to behave in a toxic manner. They need to be actively trying to correct it. And to be clear, active does not mean they continue the actions while claiming to be making

corrections. There has to be visible change.

The red flags cannot be ignored.

It doesn't get better later in the relationship. It doesn't get better once you marry the person, nor does it magically stop. The more you continue to pacify the behavior and dismiss the problem, you essentially enable them. You tell them their actions are OK. It doesn't matter what you say, how much you yell, scream, kick, or hit, if you continue to entertain it, not address the issue, and in some cases, end the relationship only to take them right back, then you're saying to them, ***this is acceptable***.

It's not. It is a problem.

Although we're referring to a man's behavior, sometimes it could be you. You may be the abusive or toxic one. You may be the one that's engaging in disrespectful behavior. Not owning up to it and validating it with how you were raised, what you were exposed to, or simply because you're mad and should have the right to act on it in a particular way.

If it is you, then you need to seek the counseling.

There's not enough encouragement for people to seek counseling.

Seeking counseling or third party, unbiased assistance is good for you. It's healthy. We all need a greater state of emotional health and we gain that by being able to process what we've been through, how we're feeling, as well as work through the issues we've ignored throughout our lives. Whether we want to acknowledge it or not, it's impacting our physical, mental, and emotional health. Addressing these issues is important, so if you see a problem encourage counseling. What will aid in getting the man to consider counseling is being able to say you did it yourself. No one likes to be singled out, told they're the issue, or told *you need go to counseling, but I never went because I don't have any problems*.

That's not how this works.

I've gone to counseling. As a coach, I had to make sure I did my healing, so that I could then suggest it to you and encourage you from a positive and healthy place. We all can use it, so don't be afraid to not just suggest it, but go yourself.

Be sure you're not the one creating the problem and setting the stage for these toxic battles and behaviors. Again, none of this validates their actions, or them being toxic. I don't want you to excuse disrespectful behavior because of what you did.

However, I want you to be mindful of whether you're creating or contributing to the situation, and understand that correcting your behavior first is priority. You have to fix what you're doing before you can focus on anyone else.

You are God's daughter.

Just as any father wants the best for his daughter, God wants the best for

you. He doesn't want you in unhealthy and toxic relationships. He's not trying to set you up with any man who's going to be consistently disrespectful to you or mistreat you.

That's not the case and it's never normal. I understand what you saw, or what your friends accept in their lives. I understand the impact of who your mother, or whomever dealt with; Regardless it is unacceptable and you shouldn't expose yourself to it.

If you are, or ever find yourself in an abusive relationship, or have friends who are in one, I want to share the number for the National Domestic

Abuse Hotline. I think it's important for everyone to know where and who they can reach out to for assistance if the situation arises. I know sometimes it's difficult to pull yourself out once you're in and it's even more difficult to know who you can trust, because you may not be able to go to your family and friends.

**The number to the National
Domestic Abuse Hotline is:**

1-800-799-7233

And to be clear, I don't have any business partnerships, nor did they pay me to mention them.

I'm telling you this because it's a valuable resource and oftentimes, we don't know these resources exist and I want to make sure you have it.

As God's daughter, as His child, He wants the best for you. Disrespect and mistreatment does not belong there because that doesn't glorify God. It doesn't speak to the greatness He wants to provide you and is not an example of what He's setting up for your life. Always be aware of this and when it's contrary to His blessings, remove it. Remove it and move on because there's something greater waiting around the corner.

I hear a lot of rhetoric about building a man.

Being able to grow with him and be patient during his process, willing to be with him at his lowest point, so on and so forth, blah, blah, blah.

And that's not to be disrespectful; however, I know without a doubt, this is directing many people in the wrong direction and it might be you.

Listen ...

God didn't make you to be a man's crutch. You are not designed to carry a man. Yes, I do believe in the idea of being supportive, being an inspiration and motivation for a man to encourage and help him grow.

However, it should all be done as his friend—genuine

Trait # 3

You Will Not Have to Make Him Into a Man



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However, it should all be done as his friend—genuine friends; not giving up the booty friends. Not “friends with “girlfriend benefits” friends; I'm talking *friends*, friends. Boundaries need to be in place because God did not set you up with a boy, to make into a man.

That is incorrect.

There are consequences that come with this approach and people blindly encourage others to walk into these situations, without explaining what they are. The real issue is that it sounds great on the surface. You're a “ride or die,” always there for him, you'll take him even when he's broke. It sounds good, but it's not an effective or the best approach.

I'm not saying it hasn't worked for some, but in more times than not, it won't. In the next few pages, I've outlined why you shouldn't date a man's potential and there are a lot of risks associated in doing so.

#1 –He May Never Reach His Potential With You

When people apply themselves, they're capable of and can accomplish amazing things in their lives.

Thing is what you see in him may not be accurate, or it simply may be a reflection of his capabilities. This doesn't mean he connects with what you see in him.

Regardless of what you desire out of a man, what you think or fantasize about who and what he can be, he may not connect with that vision. If it doesn't connect, chances are you'll drag him there and he'll kick and scream along the way. When you do that, you become resentful and lose some respect for him.

Dating his potential is risky because if he doesn't walk the path you

expect or desire, it's going to stir up a lot of negative energy in the relationship.

You have to be willing to accept that this person is who they show you. Don't get me wrong, I believe there are instances where if a man shows you his vision, shows you effort, and that he's putting in work, that's a "potential" you can grasp. Although, that's not his potential you're dating at that moment, that's his character. His character shows you a man of value, someone you can respect and trust, as well as believe they'll get to a better destination. Although, many of you have overlooked character. You held on to the perception you want to believe he can achieve.

That's the wrong way to go.

Let him show you who he is and if it doesn't meet the standard you need in your life right now, move on. Even if you think, by some chance, he can get there, now is not the time to be with him. At the very least, you're still better off being his friend and not his "play girlfriend."

#2 – Supporting a Man vs. Sponsoring a Man

The next reason why it is wrong for you to try build a man, and essentially carry him on your back, is the confusion with *supporting* a man versus *sponsoring* one.

The problem is that your investment in him can create an unhealthy attachment. I'm sure you've experienced situations where you felt as if you poured into him in some way. Maybe you gave yourself sexually, encouraged him, or helped him.

You may have even given him money, paid bills, offered favors, or whatever it was at the time. When you believe you've made this investment, you want a return. Now, you've become blinded trying to validate the work you put in, as well as the time and the effort spent. You've lost sight of the fact he's not giving you what you need. You're unhappy and this relationship isn't moving in the direction you desire and deserve.

Be mindful of where you place your investment.

Stocks can gain or lose value, and you have to know when to buy or sell. It's the same when investing in relationships. If you see it's not working, you have to be able to walk away and accept that maybe you purchased bad stock.

That's the downfall of dating potential, as well as the downfall of trying to build a man because it's hard. It's not easy to let go. The best route is to not bother with someone who won't match your effort.

If you're going to pour into him, then you have to be prepared to do these things without feeling as if you've lost when you don't get your desired result.

It's best to do this in the mode of being a friend.

Being his friend is easier than *investing*. When you invest, it falls under the dynamic of a romantic relationship. In that instance, your investment goes

far beyond the money and the time. It's your emotional energy, the fantasy of what you're hoping things to be. It's not to say this can't happen in friendship; however, there's a barrier, a boundary set that keeps you at bay to a certain extent. If at any point you feel as if you're becoming too attached, or caught up while friends, then it's no longer appropriate. It's not safe, because you're expecting something in return you may never get. The man you befriend has to work with you, not you working for him.

I'll go even further with an analogy.

Let's say you and this person decide to build a house together. You show up at the site with the tools and materials, while he comes through with a drink, a sandwich, and his lawn chair, then sits there and watches you do the work. This is happening in so many situations. He's sitting back and you're doing the work.

That's not **building** with someone.

Building with someone means you and that person equally bring something to the table. They match your effort. Where the dynamic is that you're more well-off than he, there's no reason for him not to pick up the slack in other areas, while you two are "building" together. He should contribute to the relationship equally. This doesn't mean you have to call each other a certain amount of times per day, or spend this amount of money on each other, that's not the case. It means you're fulfilled from him, just as he's fulfilled from you. If you aren't content where things are in the relationship, that's not where you need to be.

#3 –Don't Neglect Yourself

The third and key reason why you shouldn't build a man is that *you stop building yourself*. You become so focused on this man and the energy you're putting into him, you forget about you. And you believe that you're good and you have it altogether, but you don't.

Not sorry.

I have to be honest with you, there's still room for improvement. There's still some things you need to learn. You even entertaining a situation like this indicates corrections that need to be made, along with the healing and growth that needs to occur. So while you're busy pouring into this man, what are you pouring into you, and are you still connecting with God?

We often become consumed with the person we want to be with, we don't realize we've put them above God. We're worshipping them more than

God. We're doing for them, trying to spend more time with them, focused and worried about their opinion more than God's. It's a setup for disaster and definitely not the relationship God wants for you.

I won't rule out the possibility that he can change. I've seen situations where men pulled themselves together; however, it's not likely with the

woman carrying them. The women stepped back, gave them space to get it together, and reconnected when they were ready. It's in those situations where if he's serious, if he really wants it, watch how quickly he tightens up. Watch how quick he wants to get back on the right track. Even if it takes him time, when he reaches the point where he's serious about being with you, he'll start to clean up his act. But this doesn't happen when you're holding and carrying him along the way.

#4 –Don't Enable His Laziness

You enable his procrastination, his lack of ambition, the unwillingness to do more in life and provide more for you because you're accepting it. It's hidden under the guise of support and "building with him."

No, those are lies.

He's using you, training you, and damaging you in the process. That is not where you belong. If he genuinely cares, then he needs to respect that you have to step back because the situation isn't healthy.

Once again, this is not where God wants you to be.

He's not going to place you in unhealthy attachments, where you invest into men who may not ever even live up to the hope. What's worse is that you invest in this man, then he moves on to someone else.

Now you're super salty, or in other words, vexed.

You did all this work, only for him to go give the benefits of his growth to someone else. That fear and concern contributes to the attachment and struggle with your inability to let go. The aftermath, if he does move on, is you being frustrated, bitter, and hurt all because you were pouring into a man who was not for you.

Consider this, a lot of men will date up. So when he's in a struggle period, he has no problem trying to latch on to a woman doing better who will carry him.

However, him dating up or dating you at that moment, might be because you're a meal ticket.

Which is why when he finally gets himself together, he moves on to someone else because when he's at that level, his mindset is different. He's not dating you at his best, he's dating you at his worse, and that makes you a "come up." It sounds harsh and may hurt to hear if you're in this type of situation, but I have to be honest. I can't lie to you. Although this may not be every instance, that's the situation in many cases.

You want him to want and desire you at *his* best.

Not best specific to finances and career, but *best* with regard to his character. A man who's a hard worker and does his thing. A man willing to pour into you just as much as they hope you pour into them. A man who wants you happy just as you desire their happiness. This is who you want to

date.

When these aren't in place, you're dealing with a boy who you're trying to make into a man.

Again, if you want to encourage and support a man who's not quite there yet, do it as a friend. Give yourself an opportunity to see if there's a genuine connection, and I will expound more on that later in the book. You want to ensure you have something substantial that's deeper than what you can do for him. You want to avoid being someone who's constantly giving and not getting anything in return.

Be careful about crossing romantic lines with a man who's not at a level you need, or one you can be happy with right now.

I hope the reasons presented here are clear as to why you should not build a man. The exception to this rule is effort you can see, tangible results. There's a difference between the guy who puts in the hours and time when he gets laid-off to find a new job, as opposed to the guy who sits on the couch while you job search and put in applications for him. Trust me, that happens and it's happened to some of you.

These are the situations I want you to avoid.

Don't entertain, defend, or allow someone to convince you it's OK and call it support. You are not his crutch. Support his effort in doing his part in the relationship. If this isn't visible, you don't need to be there.

Plain and simple.

Be focused and mindful of the signs. Do not be guilted into feeling as if you have to embrace a man at a stage that's not truly best for you. You deserve the best and if he's serious about being with you, then he'll step up his game.

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Reminder

Don't Settle

Don't settle.

Know and embrace your worth.

Don't entertain any man's nonsense.

These are words you hear and see all the time.

Chances are you've repeated and supported the message, and that's a beautiful thing. It's wise to not settle and everyone seems to celebrate the idea of not settling. If I post on social media "never settle" it will get a huge number of likes and people cosigning on the post. However, when I look around, I still see people doing it. I still see women entertaining men who aren't worth their time. I still see you in situations where you don't belong. I still see women dragging things out hoping for change, hoping to pull "better" out of a situation you know, better isn't going to come from. You're settling.

Why?

It makes me question ... *do we really understand why we shouldn't settle?*

Maybe that's the problem.

We can say it all day long but if we're still engaging in it, then we're missing the mark somewhere. We're not connecting with the principle and the premise. It sounds good coming out of our mouths, but are we really embracing it within our spirit? Ask yourself, am I really about this "nonsettling" life? Am I really serious about holding strong to that, or am I just speaking it?

I understand the struggle.

There are many factors at play. So much can happen in your life where you begin to believe maybe settling isn't too bad of an idea.

You Believe There's Nothing Better

It's a very common perception. If you're dealing with a guy you may think (pardon my language), "why leave this a**hole to go deal with another a**hole? I might as well deal with the one I already know." It feeds into the idea of that you won't find better. Settling becomes tempting and comfortable when you're holding on to this negative perception.

You're Tired of The Dating Process

I mean, let's be real, it's 2017 and dating isn't getting easier and I'm aware of this. However, I do believe with the right tools and approach you can conquer the obstacles you face in the dating process.

Still, I get it. I get it's hard to deal with and continue on, specifically when it takes what's relative to you as a long or a good amount of time. The process

starts to wear you down and you don't want to deal with it.

Again, I get it.

Your Clock is Ticking

The clock ticking is relative because many women don't believe there's a particular age that signifies a "clock"; however, I've heard women in their early 20s talk about it, the same as a woman in her 30s or mid-40s. It all depends on the person and where they believe they should be at that point in their life. Whatever the timeframe or age limit, a lot of women grew up knowing when they wanted to be married and have children. You've set a certain standard, so now when you reach that personal measuring stick, you start to feel the pressure, as well as a bit discouraged and weary. All these factors start to contribute to you being willing to settle.

Outside Pressure

I grew up with three sisters, one being a twin. I know what outside pressure looks like. I completely understand it. I've seen the pressure put on my sisters to get married and have kids, as well as the pressure put on myself as a man. It's no different.

Still, I get it.

I've seen what women deal with and how insensitive some people can be. Parents, friends, and loved ones wondering why you haven't found a man yet, why you have no children, and what's the hold up; as if you're purposely taking longer than you anticipated. They dump all this pressure and expectations on you, and it's unfair.

Here's what happens, in an attempt to make them happy, or shut them up, it now forces you into the mindset of settling and accepting the next man who comes along and seems good enough to be with just to get them out of your ear. You try to force the issue to make it happen, so you settle, but you aren't happy.

With all that happening (and there's probably more that I missed), I empathize with why, even when you know your worth and embrace your value, it can still occur. I'm sure there's a point in your life where you settled, or maybe it's your current situation, but don't beat yourself up or be ashamed about it. I want you to learn and really grasp that as we move forward, settling can no longer be an option and here's why.

#1 –You'll End Up Back at Square One

What do I mean by that?

Quite often, women meet men who appear "good on paper." Despite the red flags and the issues that are clear, they move forward believing they can push through. He's "good enough," even though they know, deep inside (that intuition), he's not the guy.

They've decided to settle, they move forward, eventually marry the man who's "good enough," and now things really hit the fan. They realize they're in a relationship that makes them unhappy and struggle to understand why it's not the way they want. Well, part of them understands why, but they fight it.

They fight it with the hope they can turn it around, try to make right the bad decision they knew was doomed from the beginning. They want to believe they can keep going because they've invested so much, but they're dragging along unhappy and miserable all because they settled.

Eventually that person will leave, the man will leave, or the relationship will mutually dissolve and what happens then—back at square one.

#2 – Settling is Only a Temporary Fix

Sure at times temporary could be three, five, ten, or even fifteen years, but I tell you what, there is an expiration date. You may argue that there's an expiration date on real love; however, I don't buy that and neither should you. Even so, at least those who don't settle will be happy until that time comes.

It's pointless to accept temporary when it will lead to more issues. Settling affects your emotional, mental, physical and spiritual health. It deteriorates your overall quality of life because you feel boxed in and that's not going to work for you.

#3 –You'll Never Find Real Happiness

When you're with someone who you're not happy with, you'll always feel a void. There will be emptiness, a feeling of something missing in the relationship. That's no way to live. If you were to have private conversations with some of your friends, your mother, or your aunts, and maybe even your grandmother, those who you sense were in similar situations, they can attest to how unhappy, empty, and lonely it felt being in that relationship or marriage for X amount of years. One of the worse positions to be in is with someone and still feel lonely.

This happens when you settle.

There will be a void.

You can't escape it. You can't run from it and as long as you're there, you'll deal with it. The best example I can give is the person who's at a job they hate. Sure, they're there and it gives them a paycheck. They drag along with it, but they're unhappy, miserable, and feel like something's missing. They want out. It feels like a constant prison and they wish they can break free. That's no way to live, and it's definitely not way that God wants you live. That situation must change because doesn't it glorify God.

Settling doesn't give God glory.

God is not in the business of giving you lackluster relationships. He's not in the business of giving you mediocrity. He doesn't specialize in having you walk around unhappy and miserable over something HE gave you as a

blessing.

No, that's unacceptable.

He wants to give you greatness, something amazing. Why? Because when someone looks at you, at your relationship, and wonders how you got that, or how you're so blessed, you need to be able to say,

God gave that to me. I'm blessed because I listened to

God and my relationship is blessed because I let God guide me to it.

When you can testify to what He's done, you're able to impact other people and make them say, *I want what she's having* and they'll know the only way to get it is through God.

He would never want you to settle.

If we think of God as a corporation and He's concerned about his brand, you entering relationships with men who don't belong in your life make God's brand look bad. They don't speak to the truth of what He can do for you; therefore, He wouldn't want that for you. It's a misrepresentation.

Despite all the reasons I've given you not to settle, you may get a little tempted. Here's how to counteract that.

When you begin to assume there's nothing better, remember God always has your best interest.

There's no myth in that and if you honestly believe

He will shortchange you, then there is a deeper issue than simply relationships. You have to believe and have faith that since He only wants what's best for you, there will always be better. When I say *better*, it's not in the context of never being satisfied, or constantly moving from person to person, it's knowing He'll provide a man who's perfect for you.

However, you have to hold strong to that belief and be patient for when that time comes.

If you've become tired of the dating process, stop wasting your time when you date. It's quite simple.

Part of the reason you're tired is because you drag out dead end situations with men whom you shouldn't entertain for so long. It doesn't take several months or years to figure out he's not the one. You knew after the first date, honestly, you may have known after the first phone call.

Why continue the situation?

When you do that, you develop what I call "dating fatigue." You're so worn out, even when an amazing man comes next, you don't have the energy. You can't deal with the situation anymore, so you shut down from dwelling in all that nonsense.

Notice the word I used—*dwelling*, not engaged.

We're all going to experience bad situations and come across bad people.

However, you have to hold yourself accountable for situations you entertain far longer than you should. This is where listening and talking to God becomes essential, as I mentioned previously. Ask if you should even entertain this man. Your intuition is just as essential because it tells you when he's not the guy and it's time to go. The situation will not magically turn itself around. It's not going to work, move on. Doing this will help prevent you from becoming so worn down with the dating process.

Worried about your clock ticking; then stop setting yourself up with a specific age to accomplish certain things. Place your focus on doing what God wants you to do and trust in His timing. I'm aware of the biological aspect regarding pregnancy and the age where it begins to become more difficult, and soon, not advised to make the attempt. This topic alone is delicate; however, many of you may not be facing this yet. The more you become antsy and focus on time, the less focus you place on what you should be doing which would accelerate the time to accomplish your goals. You may get there sooner than you think if you keep your eye on the prize. If you have approached the time where it gets a bit uncertain, I don't have a quick and simple answer, but I will encourage you to pray. I've seen women accomplish childbirth at ages they didn't believe would work.

Each situation is different.

Whether it's having babies or being married, don't put unnecessary pressure on yourself. Focus on what you need to do to reach the finish line.

Lastly, if you're dealing with outside pressure, I could easily tell you to go around and slap everyone, tell them to shut up and leave you alone; however, that's not going to fix anything or give you the peace you need.

I want you to know you have to be more transparent and honest when people bring up the subject. Let them know how it makes you feel when they continue to badger you. Don't just shut down when they start going in your ear, particularly when it's parent or someone close to you. Don't let them ramble off and suck it up, despite knowing it bothers you and how it makes you feel. You need to communicate how it's getting under your skin, so they understand the negative impact it has on you with the constant pressure and badgering.

It's important you express yourself in a positive and loving manner. They need to understand they have to fall back. Also, when they ask why you're still single, give an honest answer (Need help? visit www.thereasonwhyimsingle.com). When you give a BS answer, you only open the door for them to keep pushing because they sense the BS. They'll rattle off, "oh, that doesn't make any sense," "no, that can't be it," and now they want to push harder, dig further—be honest. *I'm still working on some things*, be honest.

I haven't healed from my past, be honest. *You know what, I have someone*

in my life but I'm a little scared of the situation. Transparency will help you. Although I can't guarantee every person will stop, I am confident they will at least slow down.

One more time, you cannot settle.

It is unacceptable.

I don't care if you put sticky notes all over your house, in your car, your purse, on your shoes, but you better always remind yourself that settling is not an option and embrace it. Remember the consequences to settling. When you make the choice to do so, you rob yourself of the greatness God has for you.

Period.

Don't cheat yourself out of that.

You will get it. Stick to it, put in the work, stay on track, and listen to what God wants you to do. When you adhere to the directions, everything will fall in place and settling will never be an option again.

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Trait #4

He Wants a Helpmate, Not a Playmate



Boys always want to play, while men are ready to work. Boys look for playmates, while men desire a helpmate.

Do you see where I'm going with this?

The man God has for you isn't about all the games and child's play. He's focused and has a grasp on what he wants to accomplish in his life and a relationship. Lies, unwillingness to commit, disrespect, and other negative behaviors are not signs of a man who is serious about being with you.

The man who is for you doesn't look for you to be his crutch or use you. He wants to work with you, build with you, love you, and pour into you.

You need to be aware of the signs from men who only look to play. Too many of you, your friends and family members constantly fall into these traps. The red flags are there. You either see and ignore them, or miss them altogether; and overlook the traits and characteristics that tell you whether or not a man is serious or playing games.

A common issue women experience is the man who's unsure of what he wants. He doesn't know if he's ready for a relationship, or where he wants things to go.

Let's just go with the flow.

Let's not stress things or overanalyze...

It's a popular phrase men use, and if you've been told this, more than likely he's playing games. He is feeding you BS, and to be honest, he's not that confused. He knows what he wants, but he can't tell you that because he knows he won't get it.

For instance, you meet a man and, quite frankly, he wants to have sex but he'll say he wants to have *fun*.

He's looking for a no pressure situation where he can enjoy himself at his convenience, everyone's happy, no one's complaining, and he's free to do as he pleases.

But he can't tell you that.

No matter how many women say *if a man just wants to have sex, just say it and maybe he'll get it*, there's a one percent chance of it possibly happening, and of course I'm exaggerating a bit; however, in ninety-nine

percent of those situations he's not going to get it.

You're going to shut it down.

Why?

Because most women aren't looking for that type of situation. When you do entertain it, more than likely it's because you've become fatigued with relationships, or you're looking for something convenient and easy due to not healing from previous disappointments. Although most times it's not as convenient as you'd like, but you want it because you're scared to put yourself out there and be vulnerable, so you look for a safer route to companionship.

It's your in between.

You avoid the a real, or whole relationship because you don't want the pain and disappointment you believe comes with it. So you allow yourself to accept "fun," easy, and convenient. Even when you think this dynamic is OK, the impact is different when a man is straightforward about his true intentions. When he says to you, *I don't see you as anything more than someone to "kick it" with*, that becomes a harder pill to swallow.

When you say it, when you tell him you see him as nothing more than someone to kick it with, even if he likes you and wants more, you're comfortable with it because it gives you a false sense of control.

However, when he's that straightforward, it doesn't sit well with you. Despite what women have claimed, most men realize when it comes to casual sex and situations of "convenience," being straightforward won't get the result they're looking for in most situations. So what's the alternative?

They lie.

I'm not validating the lie or excusing it in any shape or form. However, I guarantee many have tried the straightforward approach and were shut down. Men know they have a better chance of getting what they want by being indirect and suggesting going with "the flow." They will feed you whatever is necessary to continue the situation and drag it along.

Listen, whenever a man wants to "go with the flow," just be his friend. Don't get romantically tied up with a man who doesn't know what he wants, or claims not to know. When he figures it out, he can try again and you two can discuss how to move forward. When you get caught up in that type of situation, it's a recipe for disaster. Accepting the lack of clarity and direction only allows him to remain vague and drag out the situation even longer. It's not impossible for it to change; however, it's extremely unlikely.

When you make decisions, think about what's in your best interest and what's realistic. God does not want you to be romantically tied up with a man who's not committing to you. Tied to a man who's doesn't see you as his wife or wants to make you his wife. Why would He want you to entertain a situation like that?

He wouldn't.

The man who doesn't know what he wants, should not be entertained.

Stop Waiting for Him to Be Ready

Many of you may believe you should wait around until he's ready, be available when he finally "wakes up" and decides he's ready for a commitment. I have spoken to so many women who have this logic and their perception is:

He's not there yet but I'm going to stay in his life. I'll show him the good thing that I am and make sure that when he finally comes to a place, when he finally evolves and matures enough to settle down, he will choose me as the woman to do it with.

That's a horrible approach.

First off, you're not a consolation prize. When a man finally gets to a place where he's done running around and is ready to take the woman who's been there, this does not mean he's *in love* with you. It doesn't mean he desires to be with you, please you, or pour into you. He chose you by default, and I promise I'm not making this up. I've had men tell me, verbatim, they chose their woman by default.

While in the barbershop, a man told me he chose his WIFE, the woman he married, simply because ***she was the one who was around***. She was the one that ***stuck by him***. But guess what? He's not really in love with her. Lo and behold, it's not a surprise they're having issues. It's not a surprise that he's contemplating leaving. You don't want him to choose you because you happen to be there when he decided to wake up.

Second, it's not likely for him to just wake up one day and want it. It's a gradual progression, something he's thought about, and may very well think about even when he's with you. But again, as

I mentioned previously, his whole "I don't know what I want" or "I'm not ready" spiel is just a disguise for I don't see ***YOU*** as the one. Again this is not to hurt your feelings, it's to help you understand that you don't belong there. And to be honest, there's nothing wrong with him not seeing you as the "one" because *he's* not the one for you.

All you need to do is search deep within yourself, go to God, examine the red flags, and address all the issues to come to a clear conclusion that he isn't the guy for you, and you're better off walking away.

Don't fall into the trap of waiting until he's ready.

Many times the woman who waits, ends up being the one who wakes up one day, and watches him leave to go be with someone else. He goes and marries some other woman. He tells you he's not ready for marriage, tells you he's not ready for a relationship, then three months later...BOOM!

He's engaged.

Clearly being ready was not the issue, he just didn't choose you.

Again, for some of you, I know this hurts to hear.

I understand, but it's necessary that I speak this truth. It's kind of like medicine you need that tastes really bad, but is good for you in the end. You'll feel so much better after you digest it, accept it, and move forward. Don't get caught up in the idea of waiting until he's ready.

Don't Let Mixed Signals Distract You

The next issue is mixed signals.

A lot of men confuse the hell out of you and it makes no sense. They say, *I don't want a girlfriend*, but behave like a boyfriend. They say, *I don't want commitment* but want to regulate who you talk to or who you entertain—it gets downright confusing.

They want cuddle and do all this sweet stuff, but when you ask where this is going, then he's like, "whoa, slow up, you're moving too fast! What are you doing?"

Yes this is confusing, but guess what?

An inconsistent action is a consistent answer ...

And the answer is, he is not serious. He's not ready or willing to be the man you need.

As we discussed in Chapter 2, there's a difference between the person who makes a real effort but makes mistakes at times, and the person who has a recurring issue. When it's continuous, that's a problem. Does he show you effort? What are his words and do they line up with his actions? Even though actions speak louder than words, in this case, you can get confused. Oftentimes, his actions may say he wants to be in your life, or wants you as his girl, but his words say no.

The actions and words must be aligned.

When the actions and words don't line up, there's a problem. A lie is being told somewhere, or an issue is not being addressed. One way or another, it needs to be investigated and should not be ignored. When he says you're not his girl, he doesn't see you as his girlfriend, doesn't **want** a girlfriend then does the opposite the minute you assume he's supposed to be with you, he'll come back and say, *I told you I didn't want a girlfriend*.

An inconsistent action is a consistent answer.

The answer is, he's not serious. He's not ready to be what you need because if he was, then the consistency would be clear. He'd put in the effort, ensure his words and actions lined up, and everything would make sense. All this confusion he creates is because he's either playing a game or there's an issue he hasn't addressed. Either way, it's something you should not entertain.

It's even more important for you to address the issue first because it can

easily be a matter of miscommunication or misunderstanding. In the same instance, I'm aware that when you try to confront the issue he may dance around it, flip the script to make it about you, what you didn't do, or what you did wrong. Make claims that you're questioning and pressuring him, which backs you into a corner and is ultimately a distraction from the fact he STILL didn't answer your question. He gave you no clarity; the issue is still an unsolved mystery.

This all leads to the same conclusion _ he's not serious. He isn't ready to be in a real genuine relationship and there's no need to entertain it any further.

The man God has for you is looking for a helpmate, not a playmate. He's not trying to play games with you. The man who is "God-approved" wants to work with you. He's built himself up to this point and now he wants to build greater things with you. The last thing he wants to do is play you, confuse you, and create nonsense in your life. He's only interested in making you feel more secure about him.

You see, the guy who's serious about you wants you to feel at peace; so, when you ask him questions he'll provide the answers because wants you to feel safe with him. He wants to show you he's nothing like those other guys. He wants you to feel confident that he is different and genuine about his intentions with you.

Always know that boys will bring the confusion and chaos, but the man who is serious about you wants to provide clarity and peace. So if necessary, go make yourself a sign that reads: **NO BOYS. NO GAMES. JUST MEN.** You can make that t-shirt, matter of fact, you can have it. I won't sue you if I see any of you wearing it.

NO BOYS. NO GAMES. JUST MEN.

But make sure you adhere to it and follow it.

Don't just speak about it, be about it. Understand you need someone who is serious and be open, ready, and willing to put in the work on your end.

Don't get me wrong, we're focusing on the things you need to see in him, but always be mindful of the energy you bring to the table. When you come correct, he has no excuse but to do the same. And if he can't come correct, then he needs to go home.

Plain and simple.

Side note: Don't be an emotional manipulator. If you don't want a man to play with your emotions, don't play with his.

As of late I've found physical attraction is no longer enough. I need genuine connection. I need to undress the layers of a soul...passion remains the fire, but now intimacy strikes the match, and friendship has become the fuel.

- Beau Tapin

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Trait #5

You'll Experience a Genuine Connection, Not Just Chemistry



A 32-year-old woman named Michelle reached her breaking point.

She was frustrated with relationships, believing all the men she met were only after sex. She decided to give up on dating and focus on her career. Before she took that step, she prayed one last time and asked God to finally bless her with the man for her.

She believes she's a good woman and deserves to receive a good man.

Two days later she attended a networking event and met a handsome, well put together man exactly her style at about 6'1", strong frame, and a nice smile. They spoke while there and got along well.

They exchanged numbers and Michelle went home a happy woman. She was excited, praised God, and believed he might be "the one."

Time progressed and they graduated from dating to a relationship. During this time, she spoke to me about it, along with the potential for it to turn into marriage. I was happy for her; however, I couldn't help but notice the vibe wasn't right. I asked more questions and it became clear that although they got along well, there wasn't a genuine connection. They liked what each other brought to the table; however, they didn't enjoy sitting and eating there together.

Think about that.

They were content with hype and surface benefits of the relationship, but take that away and there isn't much else happening.

Unfortunately, the relationship eventually failed and never made it to marriage. He was not the man

God had for her. The proof was in their lack of a genuine connection. Without it, a relationship will not have long term success and you can be assured this is not the man for you.

You'll meet a lot of men who will catch your eye, and many you'll talk to and like. There may even be instances where you believe you love this man, and that may be true; however, you won't experience a deep and genuine connection with every single one.

Such a connection is rare to experience more than once in a lifetime; although, there are exceptions to the rule.

Having a genuine connection with someone is a special experience. It's like two spirits recognizing their counterpart. This doesn't happen with most people you meet, which is why a special connection is a strong indicator, and a necessary foundation to recognize that this is the man God has for you.

Connection vs Chemistry

Now don't confuse connection with chemistry.

When I speak to people they'll claim to have a "great connection." I'll ask what they mean by this, then they follow up with getting along, liking the same things, or sharing common interests and passions. All of these which are great; however, it doesn't mean there's a deep and genuine connection. Most times, it's just part of the chemistry between two people.

To give more clarity, chemistry accounts for the ability to get along with each other. It's two people happily coexisting with one another. Chemistry is the foundation of a connection, it sets the tone for people to dive deeper, although this may not always happen. When there's a deep and genuine connection, those two people develop a bond. They enjoy each other as they are, and it goes beyond common and shared interests. With a deep and genuine connection, it allows two people to be comfortable with vulnerability. You accept their layers and enjoy simply being in their space. It's easy to unpack who you are with them because there's a mutual acceptance.

This is huge.

You want to be sure the relationship goes deeper than, "we get along." Think about the long-term. If you're not spending extended periods of quality time with a person, chemistry can fool you. This doesn't mean you need to live with a person; however, there needs to be time spent getting to know one another.

You need to talk, open up, and share the deeper parts of you. Without it, you won't discover who they are. Although you may not completely know a person, you want to gain a more in depth understanding. Getting along and liking someone, or being able to hang out with them only touches the surface—that's chemistry. You want to go beyond that and this can only happen when there's a genuine connection. **Bottom line:** don't confuse chemistry with connection. So, how does a person determine if there is one?

Be Yourself

Many people begin dating, enter relationships, and even marry, holding on to a façade; portraying who they believe they need to be, rather than who they are.

I speak to a lot of women who've "played the role" they thought was necessary, regardless of whether or not it resonated with them, because they believed it was the only way to get the man they wanted.

And they got him.

They got married and years into the marriage, they're looking at themselves in the mirror wondering, who the hell they are, what happened, and who is the man lying next to them.

Reality smacks you in the face and you realize the relationship is a mess.

Don't get caught up in who you think you should be. There may be parts of you that need to evolve or improve, and that's OK. Embracing this and allowing it to happen is good and healthy for you and for a relationship. However, when those parts don't truly connect with who you really are, you won't be able to sustain them, and eventually your true colors will show.

Furthermore, you don't want to fake enjoying parts of him. We know it's best to wait for sex until marriage; however, some of you may have crossed that line or considered it. I'm using this example because it has a huge impact on relationships and marriages.

There are more stories than I can count of women who sleep with men, are not satisfied and act as if everything's great because they want to get to the altar. You've held on to or chose to believe that this is what you want, so you act as if you enjoy the sex, as if you're content with his long hours at work, or OK with the lack of time he gives you. You deal with all the aspects you're not satisfied with and soon enough, you can't keep it up anymore and the entire relationship blows up in your face.

This is an example of lacking connection.

You weren't happy there.

When there's a connection, you're at peace with this person. You enjoy them, you're comfortable being with them, and you want to be in their presence. You're content with them, even with their imperfections. You can be honest with them about what you need. With a genuine connection, there's no need to fake it.

Everything is natural.

Being yourself is key because if you're not yourself, then who will they connect to?

I always say you can't create, nor destroy a genuine connection. There are people who haven't seen each other in ten, twenty, or thirty years and when they get together, it's as if nothing's changed, the feelings resurface. Those genuine feelings can't be faked or denied. You can fake the chemistry and tolerate behaviors, or the person. You can choose to ignore it and move along; however, if the connection isn't there, it just isn't.

But you can run away from a connection.

When you're afraid to be vulnerable, you put up walls and hold back which can cause the man to do the same. You may believe the wall is there to protect and guard yourself, but as I mentioned in, *God Where Is My Boaz*, guarding your heart is specific to protecting it from fear, anger, negative energy, and others things that will corrupt or darken it. That's what you want

to guard your heart from.

You can't go into potential relationships holding back who you are because you'll sabotage the situation. You hurt your chances of being able to embrace the connection you may have with the guy who's for you, and in the same instance, fool yourself into thinking it's OK to be with a guy who doesn't belong in your life.

Take a Road Trip Together

And I'm not talking about a two-hour drive, I'm talking six hours or more. A drive where the two of you can do nothing else but sit and talk—no distractions. There's no other choice but to get to know each other.

How does the conversation flow?

Is it fluid? Are you learning more about one another? Do you feel a stronger, more intimate connection, or are you ready to kick him out the car before you get to the third hour? If you can't do a road trip, spend an extended period of time together with no distractions and really see if you two enjoy each other, it will be more difficult to determine if there's a genuine connection.

A lot of people are in relationships, right now, where they seem happy. Everything appears great and wonderful; however, they wouldn't last an hour alone in a car together. They need a distraction because they don't really like each other in that way.

They're caught up in the surface hype, the fantasy, the image of what they want things to be and what they want to believe they are; however, they're not dealing with reality.

Don't set yourself up like that.

You have to make time to sit, talk and vibe together. You don't have to do it every week or every day, but if you can't then I'm sorry to tell you, it's going to be a problem. It might get you through for the moment and allow you to tolerate a situation for the sake of having a relationship; but the fact remains, you're setting yourself up for disaster.

People who have genuine connections don't struggle with this. They can meet and speak for hours and it's nothing to them.

Of course, some of you may be thinking, *I spoke to this guy on the phone for hours and it still didn't work out*. Using the phone as a measuring stick can be risky because you don't know what distractions are on their end, or what they're using to help move things along. It may be easy to mask the connection in the first couple of conversations; however, at some point, you're forced to go in depth if you intend to keep the conversation going, otherwise, it's just small talk.

When you go more in depth, it begins to draw out the information. You begin to see if you two truly connect, share the same values, and want the

same things in life. This is how you know if there's genuine a connection. Don't ignore this. You can't overlook these conversations and expect to gain a true depiction and understanding of who you're dealing with, and if they're truly best for you.

Trust Your Intuition

Any of you who follow me on social media, have read *God Where Is My Boaz*, or any of my work, know I'm big on intuition. Your intuition is a gift, a blessing. It's rare for a woman's intuition to be wrong, and most times I want to say it's never wrong; however, to be fair, I'll say it's *rarely* ever wrong.

It's a matter of being willing to listen because you know when he's not it. You know when the connection isn't there and you know when something deeper is missing. It may scare you, or you may try to rationalize why it's not there. There are various reasons why you choose to ignore your intuition; however, it's not that you don't know, you simply struggle to embrace it. Your intuition is there for a reason, it's a blessing, and you have to refrain from the continuous pattern of ignoring it because it's dangerous.

Think about it, when is your intuition wrong for you? Why ignore what you felt on the first date, or the first week talking to the guy? You know he's not it and you spend the next few weeks, months, or years being with someone, then see it end. And a lot of times, you see it end the same way your intuition told you.

There's no point in doing that or dragging things along.

You don't need to "give things a chance," it's not necessary. When you give the unnecessary a chance you waste time. When you recognize you don't belong there and you continue, you waste time. The risk of further damage occurs, which keeps you farther off the path God wants you to follow. This doesn't mean you can't still get your blessings, or get back on the right track, but it does delay the process.

And we've all done it, we're human.

We can pray, hear it and sometimes still move forward against what God has told us—it happens.

However, embracing your intuition will help you break that pattern. You have to be willing to listen.

No one has to tell you that the connection isn't there with a guy because you know. No one has to tell you that it *is* there. You know it, you feel it. But are you willing to be honest with yourself and embrace it?

Bottom line, you cannot and should not ignore the lack of a connection. In the end, it is one of the necessary steps in building the foundation of a successful relationship.

We talk about high divorce rates, how love and relationships aren't the same, people don't value commitment, etc. Then we pile on explanations such

as the generation of today, people being raised poorly, the sex, finances, and a host of other reasons; however, all of it stems from a lack of connection.

When you have a genuine connection, you want to work through things together. When the connection isn't there and the money isn't right, or the sex is off, now you face the reality that you never liked who they truly were, and you don't want to deal with them. You may not say it, but part of you thinks it.

If there's no genuine connection, there's not enough desire and love for each other to want to overcome these obstacles, to want to persevere. Even in situations where people stay together, despite that lack, they're not working passed those issues. They drag things along and let things pile up until one day it completely explodes and they can't keep it together anymore.

There are other ramifications that can occur from this disconnect which leads to a extremely unhealthy household. Despite believing staying together is best, the disconnect can negatively affect the children. It may have happened in some of your lives. You may have grown up in a household where your parents (married or single) created a false and unhealthy perception of love and relationships. An unhealthy environment due to broken relationships and people who had no connection trying to deal with one another.

It doesn't work.

It's dangerous and I don't want you to move forward ignoring it. That's not what God wants. He knows it's necessary.

As I said earlier in the chapter, a connection is like two spirits recognizing their counterpart. God wants you to be with your counterpart. He wants you to be with the person you're truly aligned with and be able to walk the path He's designed for you both.

That's not going to happen with a man where there's no real connection.

Be mindful of this.

Keep your eyes open, don't ignore your intuition, and know that you have to truly connect this person.

You have to like who they are and that starts with being yourself. Get to know who you are, love who you are, show the world; and the man that is for you, who truly loves you, will embrace that person.

I had a client once, and we'll call her "Patricia," who came to me because she was struggling with relationships.

She was frustrated and couldn't understand why she didn't have greater success in that area, despite the belief of being a great catch. Overall, Patricia is successful and accomplished but when it came to love and men, things always fell apart. So my question, always, at some point in the session is *did you pray and ask God should you be dealing with these men?* I'm not going to summarize her response because I want you to see the dialogue between her and I. I also want you to think about how you would respond when asked the

same question. Can you see any similarities?

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How to Talk to God

The Most Popular Prayer Women Pray



I had a client once, and we'll call her "Patricia," who came to me because she was struggling with relationships.

She was frustrated and couldn't understand why she didn't have greater success in that area, despite the belief of being a great catch. Overall, Patricia is successful and accomplished but when it came to love and men, things always fell apart. So my question, always, at some point in the session is did you pray and ask God should you be dealing with these men? I'm not going to summarize her response because I want you to see the dialogue between her and I. I also want you to think about how you would respond when asked the same question. Can you see any similarities?

Patricia: "Yeah I prayed."

Me: *What exactly did you pray?*

My follow-up question is important because we may pray; however, we need to know exactly what it is we're praying. It's crucial that we come to God with the right questions and approach, seeking the correct guidance in the situation.

Patricia: "I prayed and told God if this is not for me, please remove this man from my life."

Now, the reason why I highlight that specific prayer is because it's probably one of the most popular prayers a woman of God prays—*Lord, remove him if he is not for me.*

Patricia: "That's what happened, I prayed that and a couple weeks later he was gone. And every time I pray that prayer, that guy ends up leaving. So, you know, that's what I do, that's how I pray to God."

Let me pause right here and make something crystal clear to you right now, that is the **wrong prayer**. Sorry to burst your bubble and disappoint you. I'll say it again, that is the **WRONG PRAYER**.

As popular as it is and as comforting as it may be, simply telling God to take this person away and let it be done is the wrong request.

Here's why, you ask God to remove this person if they aren't for you then go into a wait and see mode, observing the situation, waiting to see what happens next. You may see nothing wrong with it, believing you're allowing things to happen in "God's time"; however, when you take a wait and see

approach while you're dating or getting to know someone, you hold back. You don't show much interest, take initiative, make a mutual effort to grow and nurture the relationship, or discover if there's a deep and genuine connection.

So now, your wall is up because that's essentially what you do when you hold back. You restrict your ability to love and receive love, stunt the growth and kill the potential of that relationship. While you're thinking this man disappeared or fell back from your life because God removed him, more than likely it's because you pushed him away. It's easier for a man to chase lust, than it is for him to chase love.

What do I mean by that?

When we lust after someone, those reservations, the resistance, the walls aren't going to faze that man much. Why? He's locked in on the desire, his selfishness to fulfill whatever conquest he has in mind. He has a goal he's trying to achieve and your resistance won't stop that. However, when he is truly into you and real feelings are involved, now your resistance gives him pause. It makes him scared, feel insecure, and question if you're really into him.

As much as you may not want to believe it, men get played too. They may not get played as much as women, but way more than you realize. In light of this, a lot of men approach things cautiously and when you start to hold back, you've thrown up a red flag. Eventually, he'll walk away because he doesn't want to deal with it, or it hurts too much to try to push pass it.

This isn't to say the man wasn't removed based on your request to God, or that every man who's walked away was a result of being pushed away. Nor does the man's unwillingness to let you go mean he is the man for you. I just want you to understand that this approach of asking God to remove certain men from your life can lead you to pushing away the man who you can potentially have a great relationship with. Again, if he has genuine interest, he's more sensitive to what is occurring in the situation. This will cause him to hold back because you are. If you want to expose a man's true intentions, then you have to be genuine about yours.

How can you find out if his feelings are real, when you're not being real with how you feel?

It doesn't work like that.

Simply relying on God to remove a man is not the way to do it. The better approach is to ask God *should* you be dealing with this man, is he for you, and *how should* you proceed? The key words I'm using focuses on you asking for direction on how to navigate the situation. This goes back to what I said before, you have to come to God ready to listen. You aren't there to only make a petition or vent. You come to Him to ask for direction, listen, and then be obedient to what you're told.

Some of you may feel as if trying to listen to God is too complicated, or may not be sure how to decipher if you're listening to yourself or what God is trying to tell you. I get it. There's much to address about hearing God; however, your intuition is your first guide. As a woman of God, it's your spirit that's trying to reach you, talk to you, and get your attention. It's rare to find a woman who can say her intuition was wrong.

Plain and simple.

It's not a matter of you not being able to hear, it's more of you getting comfortable with what you're hearing, even if it's what you don't want to hear.

Because that's usually the reason why directions and instructions are missed. You have to reconsider your approach if you want to ensure you're dealing with the right person.

Another aspect to consider when making sure you hear the right thing is opening yourself up to receive the answer. Here's an analogy: when we pray, it's like you're a child taking a test. Your parent is a few rooms down the hall and you're screaming the question to your parents, hoping to hear the answer because you don't want to get up and go in front of their face to listen. And they're answering you.

They're answering your question but you can't hear them from that distance. You need to get up, go in their room, in front of their face and then listen.

So guess what?

When you say, I'm praying and I'm not hearing anything from God, well, maybe it's because you need to get up, move into His room, into His face, and listen. This could mean you need to fast, clear out all the clutter and distractions, pick a time, then find a quiet and peaceful place to pray. Be sure you're calm and not praying in a moment of anxiety, frustration, or anger. From there, you can come to

God and draw yourself closer to Him, so that you can hear clearer because I assure you that you will hear Him. You have to enter prayer in submission, be open and welcome everything He has to say, even if it's not what you want to hear. More times than not, we won't like it. However, it's what we need and what is best.

Ultimately, you have to stop asking God to do it for you.

The responsibility is yours.

To be clear, I'm no biblical scholar. Although I incorporate God into my message, along with spirituality and prayer, I'm not a pastor or the "church-y" guy. I can't quote scriptures; however,

I've read parts of the Bible and continue to learn more.

What I've noticed is that people of God who have accomplished great things, went on great journeys, and had amazing experiences, were given

instructions. It wasn't simply God is just going to drop it in your lap, or you can just chill and hide in the corner, and He'll take care of everything. And it wasn't about them making petitions and God waving some magical wand over them.

No.

It was about them getting specific directions and following it. This led them to great results because faith without works is dead. What this shows, consistently, is that it's on you to remove the person, take the action, and learn what needs to be done.

Otherwise, how will you learn and grow in your faith if you don't take action on your own.

Again, think about the scenario of being a child.

If the child has everything done for them, how will they ever learn? How do they grow, become stronger, wiser, and better equipped to handle the next obstacle that life will throw at them? I don't care who you are, life will throw some speed bumps your way, along with some mountains you have to climb. That's just the way it is. When you learn how to take action with God's guidance, you build faith, strength, resilience, and wisdom. You grow, and only then are you able to accomplish more in your life, as well as impact and help the lives of others around you be it directly, or indirectly.

It's important for you to understand your role in the process, along with the actions you must take.

This includes all aspects of your life. God cannot coddle you. I would love for it to be easy. That we just put in our request and everything's done. But that's just not the way it works. You'll be better off once you accept and embrace this approach.

From here on out, I need you to promise that you're not going to pray that prayer again. You will not ask God to remove that person if they're not for you. From now on ask, *Lord, should I remove them?*

Should I be dealing with them and how do you want me to proceed? When you ask this, you'll find out what you need to do and then do it. You'll see the greatness of being obedient, getting his direction, and experiencing the blessing that comes along with that journey. Although it may be tough, you'll love it in the end and you'll see the results.

So, find peace with that.

God is there to hear you and give you an answer.

It's what He wants. Being open to hearing Him will only strengthen your relationship and that's a good thing, so let's make that happen. Let's continue with this new approach and continue on with this book.

There is no perfect man; therefore, there is no perfect man of God.

Based on our beliefs, we were born into sin, so we're going to make mistakes. We all have a process in our lives where we grow, evolve, and begin

to understand how to properly approach life and anything else we encounter on that path.

Perfection is unrealistic, and therefore, there is no perfect man and there is no perfect man of God.

Many times people assume, or place expectations on others once they've accepted God. It is this assumption that now they are supposed to get it all right. They're not allowed to sin, have faults, or struggle. The minute people view it, they take it as

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Trait # 6

He Will Love God



There is no perfect man; therefore, there is no perfect man of God.

Based on our beliefs, we were born into sin, so we're going to make mistakes. We all have a process in our lives where we grow, evolve, and begin to understand how to properly approach life and anything else we encounter on that path. Perfection is unrealistic, and therefore, there is no perfect man and there is no perfect man of God.

Many times people assume, or place expectations on others once they've accepted God. It is this assumption that now they are supposed to get it all right. They're not allowed to sin, have faults, or struggle. The minute people view it, they take it as proof they're not serious, not truly a believer, a hypocrite, or just playing games.

People want to discredit them.

Too many believers are too quick to judge and look down upon someone for their lack of perfection. We know people aren't perfect but somehow we forget that when mistakes are made.

I want you to understand, the man God has for you will love God but this doesn't mean he'll be perfect. His love of God is what needs to be in place for you to be able to accept him into your life.

Without that foundation, not only will there be mistakes, that man will not be aligned with you.

He'll be someone who will struggle understanding how he needs to pour into you, treat you, and cherish you as the blessing that God gave him. His love of God needs to be there, but this doesn't lead to perfect behavior.

So how do you know if he's a man of God? What criteria can you use to assess a man and his genuine love for God?

The first step is to understand the difference between *a man who loves God and struggles with his flesh*, versus *a man who loves his flesh and struggles with embracing God*.

The man who loves God and struggles with his flesh is no different than you. He may embrace prayer and the understanding that God wants him to walk a greater path, as well as be better in the way that he approaches such things as who he's to be as a man.

He gives credit to God, he's aware and can humble himself in the fact of

knowing that he can't accomplish anything without the power that God gave him, the love that God showed him, or the guidance that God provided.

However, he's human, just as you.

Oftentimes, there are certain behaviors that reflect his past or everyday life struggles where he may fall off track, or at least be tempted. Behaviors adverse to his walk may appear and you might be quick to say he's not serious. However, when he can acknowledge his errors, understand the need to find ways to improve, and not reject facing God on the issue, then you know He is trying to walk the right path. He may not attend church as much as you want, worship how you think he should, or even be as passionate when he comes to God in reverence and prayer. These instances are where you two may differ; however, it doesn't necessarily define him as a man who isn't genuine about God.

On the flip side, the man who is in love with his flesh but struggles to embrace God is a man who doesn't respect your walk. He's not able to encourage your growth in God, or his own. Some of these men don't particularly reject with their words what they need to do, because they put on a convincing act. They're in church just like you, can quote scriptures and can speak in a way a Godly man would, but their behaviors are consistently distant from a man of God's path, and they aren't willing to address their issues.

It's one thing to struggle here and there, it's another to continuously behave inconsistent to what

God wants them to do and attempt to get you to engage in the same behaviors. They try to pull you away and remain unwilling to consult God about the matter. A man like this is much more in love with his flesh, than he is with God.

Neither are perfect, nor will they always get it right, but there's a clear difference between the two.

The Bible says, *judge a person by the fruit of their spirit.*

So even if he acts the part, what is he producing? It's the same as I mentioned in Chapter 4, do his actions and his words align?

Again, you have to be in tune with your own spirit and be willing to pray for that discernment so you can see this guy is not for real and he's not who he proclaims himself to be. This leads to the part of being *unequally yoked*.

A lot of people have different perceptions on what it means to be equally yoked. Again, I'm no biblical scholar and I don't have a perfect understanding of every concept from the Bible or from God; however, what I believe is that you and the other person have to be on the same accord.

Don't confuse this with doing things the same. We may not all worship the same, know all scriptures like the next person, or be as strong in reciting prayer, but we are both willing to head on the path towards God and put Him

first. That has to be in place.

It's essential because many people try to overlook or downplay the importance of being equally yoked, and sharing the same values.

Problems will occur when you start a relationship with someone who's unequally yoked. It may be OK for you in the beginning. It may not be until after the first few months or years before you start to see a clash. How intense you two clash will depend on how strong your walk is with God compared to how off it is with theirs. However, in time, it will become a problem.

I'll never forget one couple who were both believers, one was Methodist and the other Jehovah's Witnesses. They had a difference of opinion when it came to their child receiving medical treatment. If their child was in a car accident and needed a blood transfusion, the person who is Jehovah's Witnesses does not believe in or accept blood transfusions, while the one who is Methodist does. To someone on the outside looking in, that may not be a big deal. What's the chances of that happening?

Thing is it's not even about the chance of it happening, it's about these two people not being able to be on the same page when a certain issue arises. A disagreement like this could create long lasting damage on the relationship. This is when everything would fall apart.

Here's a simpler example. Let's say you get with someone who believes in God but he doesn't care for church and is a passive believer so to speak. You on the other hand are very serious about church and your faith. Everything seems good, until an issue comes up where you two disagree. You feel strongly about it and say, *hey, we need to pray about it* and he responds, *pray about it? Pray about it for what? We don't need to pray.* His logic tells him certain steps are needed in order to solve the problem, and to him praying isn't one of those steps.

This is where you two will clash and everything will begin to spiral.

Nothing big may have occurred prior; possibly small things here and there that began to irk, poke, and pull you in the wrong direction. However, this clash can turn into a lack of trust, feeling like your beliefs are devalued, and a host of other issues. You may choose to ignore them; however, there will come a time where you can't anymore and it'll become a problem.

So being equally yoked means that you and your man have to be in agreement with how to handle life situations, your values, the goals you pursue together, and how you view relationships. Even in a non-religious context, it would still apply. But when you're unequally yoked, there's no togetherness, you're going to work apart, clash and conflict with how to handle life.

Reminder:

No man is perfect.

He will love God but he won't be perfect.

It's important to keep this in mind because you may meet a man who's still "in his process." He's in a growth stage with God and is taking the time to evolve and shed some of the old ways that are no longer in his best interest, as well as become more intimate in his relationship with Him.

There is no perfect way to journey through this stage. For various reasons you may not recognize that he's in it. You may have skipped this process or it could be different from your own, so you may not understand or struggle to respect where he is.

For example, I'll never forget this time I was invited to do a speaking event at someone's house.

The organizer had a group of women over and one, who's pretty much the most respected woman in her church, approached me after I spoke (I separated the conversation as I did before):

The Woman: I'm fifty-one years old, never been married, and really want to but I don't know what to do at this point.

Me: *In all those years, have you ever been proposed to?*

The Woman: Yes. I've been proposed to three times.

It gets better...

Me: *What happened? Did you decline all of them?*

The Woman: Yes.

Me: *Why?*

The Woman: Oh, because they weren't at the level spiritually where they needed to be.

Me: *Oh. So you decided for yourself that they weren't good enough spiritually, or at the level you felt they should be, meaning matching yours so to speak, but did you ever stop and ask God?*

The Woman: No.

Moral of the story: just because you have evolved to a certain level, doesn't mean the man that doesn't match it should be automatically dismissed.

To be clear, I'm not saying to get with him now in his current phase. This is why praying and asking

God, and getting His consultation is so important. It may be a situation where this guy needs some time.

Chances are, if he needs some time, there are some things you need to work on as well, and then you two will come back together. But if you completely dismiss it without going to God because he doesn't pass YOUR test, you could be shooting yourself in the foot. His love of God may not

reflect your same behaviors with regard to how he worships, prays, reads the Bible and so on; however, this doesn't mean his relationship with God isn't as good as yours, or that yours is better.

You have to be mindful of completely using your own logic and metrics to determine who's the best fit for you. That's why the name of this chapter is

He Will Love God, not "he will be the perfect

Christian," not "he will do XYZ," he will love God and from there you have to pray and ask if this is the man for you and should you be with him. For all we know, there may be a friendship that needs to occur first before things can go further. Don't dismiss it, or shut it down. Be open to what needs to happen and you can only know that by going to God.

Now with that said, I'm going to reiterate some things we discussed in Chapter 3 about building man. You are not here to save this man. More specifically, ***you are not here to save him while attempting to enter into a romantic relationship.***

Remember, being friends is the acceptable option while he's in his stage of growth. It may be your friendship that helps him get closer to God. You may encourage him, be the light that leads in him the right direction; however, none of this needs to happen within the dynamic of a romantic relationship.

When the wrong man realizes this is all you want, as long as he plays the role, he may play along to continue to reap the benefits of a relationship with you. Even those who aren't serious about God can attempt to play the role without truly having to meet the standards necessary to be in a relationship with you. As I mentioned in Chapter 3, this is where you get distracted, lose focus, and divert off the prize that is your path and purpose. You become so caught up in saving this man, you don't recognize it's pulling you further away from God, and damaging you in the process.

That's not your job.

Again, always go to God. Always ask Him and be open to the role He wants you to play. However, I'm pretty sure within this context, it's not going to be a romantic one. Know that if a man has not reached a point where he loves God, then it's not time to be with him, or align yourself with him in that manner.

You have to be patient and know that this is not guy for you, or this is not the time. Your season in his life may just be a temporary one, or you may not belong there at all.

Keep your eyes open.

Make sure your love and focus for God doesn't waver or becomes impacted by your desire for a man. The man who loves God will not pull you from that path. He will encourage you to remain on it, grow stronger in it, and for you two to grow together in becoming and being in the position that God

wants for you both in life.

A whole man wants a whole woman.

Let that marinate for a second.

As a matter of fact, let me repeat it for you, *a whole man wants a whole woman*. You desire a man that is well rounded and well put together, so what do you think he wants? You want a man who can be open, honest, and give you all of his love. What do you think he'll want? You'd love to have a man who doesn't come with a heap load of baggage and issues.

So, how about yours?

Have you addressed and corrected them?

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Trait # 7

He'll Want All Your Love, Not Just a Piece



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As a matter of fact, let me repeat it for you, a whole man wants a whole woman. You desire a man that is well rounded and well put together, so what do you think he wants? You want a man who can be open, honest, and give you all of his love. What do you think he'll want? You'd love to have a man who doesn't come with a heap load of baggage and issues.

So, how about yours?

Have you addressed and corrected them?

The type of man you truly desire, this amazing man that God has for you, will come with a higher standard of living in the way that he carries himself.

Things that may get by with unhealthy men, the ones who aren't together, or not walking in their purpose aren't going to fly with the man that God has for you. It's going to be a different ball game and you have to hold yourself to the same qualities and standards you want in a man, as well as embrace the qualities he looks for in a woman.

Many of you may believe you already have yourself together and doing you're what supposed to, but is it fact? Have you made sure? Have you dug deep within yourself, looked in the mirror and made sure you are where you need to be as the woman

God created? If not, it can throw EVERYTHING off and even stop that man from presenting himself.

There are a lot factors at play when dealing with the man God has for you.

Some believe, *if it's meant to be, then it will be*; however, that's not the case. People make bad decisions, block their blessings, or walk an alternate path that wasn't laid out by God. While on that path, they miss what He has for them. It can happen and you must be mindful of this. The man that's for you will want ALL of you not "the broken down" version who isn't embracing healing and growth.

Another thing to consider is this guy will be more attuned to feelings. I didn't specify yours or his because it will encompass both.

Again, it's a lot easier to chase lust than it is to chase love.

The man that's for you has a genuine desire for you, and considers you as someone he wants to spend the rest of his life with. He will pay more attention to what you do and don't do. He'll struggle more when he senses

you holding back, or may question your interest when he sees you're not really giving yourself to him. He'll be afraid because to love someone means to be vulnerable. As women, you know this. So when he's vulnerable and open, and doesn't see you putting in equal effort or, at least, meeting him halfway, he'll pause. The negative thoughts will start and give him reason to fall back.

This is an absolute truth when it comes to the man who's genuinely interested in you.

On the other hand, the man who wants to have fun, views you as someone to kick it with, or a temporary girlfriend (yes there are men who think like this), may not care. He only wants you around for the benefits you provide. Holding back or the willingness to love is not of his concern; however, man who's genuinely into you and loves you, will notice the wall you've built immediately. He'll be more concerned and have reason to question, as well as pause things. Because he's more attuned to you, he'll pick up on it quicker than the average guy. So when you hold back, have your wall up, shield your feelings, and refrain from clarity, specifically when he asks what's going on, it creates an environment of doubt and insecurity.

Again, it's vital that you are mindful of the energy you put out and the impact of you holding back. I'm emphasizing the effects of this behavior because it will get dismissed, and you'll see it as not a big deal; however, there are issues that can arise.

Just because this man is the one God has for you, doesn't mean he's going to scale or withstand your walls; or get through all your issues and problems.

He can't heal you.

He'll never be able to get through your walls because he's human just like you and I. If the two of you meet when each of you are broken, it will escalate. There are three key issues you create when you hold back.

Insecurity

If a man doesn't feel secure, loved, and respected, he'll not only begin to question you, he may respond negatively to the block you've created. This is not to excuse any negative behavior or the ways he handles the situation; however, it may prompt such behaviors as being overprotective, clingy, screening everything you do, and other ways to gain control.

Because honestly, insecurity is nothing more than an uncertainty and a lack of control. Remember, some of these men are entering relationships with baggage, and more times than not, he wasn't the man you were supposed to deal with anyway. Or, at the very least, it wasn't time because he still needed to address and heal those issues.

Also, secrecy always breeds insecurity. And, yes, a lot of men tend to be secretive all the time, which is why there are a lot of insecure women in

relationships. Their partners lack clarity and openness, with little to no honesty or transparency.

The unsaid doesn't go unnoticed, so if you don't speak on what's ailing you, it will make some men feel uneasy.

Holding back creates insecurity.

Cause a Man to Walk Away

Do not think, for one second, that just because this man is of God that he'll stick around, tough it out, and jump through hoops and hurdles just to get through your emotional blockade—it's just not true.

I've sat down with a lot of people individually, and with potential couples who I knew were for each other, as well as had a deep and genuine connection. However, because of their past, outside circumstances, and not connecting with what God wanted them to do, the relationship did not proceed.

There were many regrets and they later understood what they needed to do differently. Although, at that time, they handled things the wrong way.

He may have his own fears and even if he's work passed some things, he may not want to deal with the resistance. Be honest about whether or not you're being open, inviting, and receptive to his efforts. Do you validate holding back with "guarding your heart"?

Remember what we covered in Chapter 5.

Guarding your heart pertains to protecting it from fear, anger and anxiety; it does not mean you shield yourself from being open and receptive to the man who's genuinely into you. If you continue to use this as an excuse, it will only hurt you in the end. Like the old saying goes, *don't cut your nose to spite your face*.

Are You Really Listening to God?

I can tell you right now, when God wants you to do something or has someone for you and wants you to proceed, none of it is with the idea of holding back. Be clear that when you do this you're operating out of fear, not faith, which means you're not approaching the relationship the way God wants.

I get it.

It's scary and your feelings are valid. I'm not judging you for being afraid and I don't want you to beat yourself up over it either, especially if you've done this before or are experiencing it currently.

However, what I need you to understand is this is not OK and it goes against what God wants you to do. The only reason to run is because God told you it's time to go.

When you attempt to move forward, while holding back in fear, you miss the opportunity to see the full potential of the relationship. You have to move

passed any hesitation. Either you're going to do it, or not. If you've already prayed and God gave you the answer to move forward, then you need to do it with full force. You will have to open up and be vulnerable, this is what's required. Without it, you will sell yourself short.

On many occasions, people have shared with me this piece of advice: *a woman should be with a man who loves her more than she loves him.*

If you agree with this, then I sincerely want you to know that this is a misguided mindset to have. Not to be harsh, but quite frankly, it's horrible advice. It's also a setup for disaster every, single, time. The idea of quantifying who loves who more, indicates there's a problem from the start.

Again, the man God has for you will share a deep and genuine connection. If you speak to anyone who's experienced this, they'll tell you there's no way to compare who loves who more. They're into each other, period. The connection is too strong for you or anyone to determine whose love is greater for the other. If there's a distinction, the love between you and the man you're with is imbalanced and that's not where you need to be.

Love should be reciprocated. If you want to have a great love, you have to set the bar. You can't enter a relationship waiting to see what they're going to do, or if they'll put forth all the effort. Because this particular man is sensitive and attuned emotionally, he'll realize you're playing chess with his heart, not being receptive, and showing the effort he needs.

Eventually, he'll think you're not serious, get tired and walk away. In turn, you'll think he wasn't serious because he didn't stick around and deal with your mess.

No.

He left because you kept holding back and it happens every single day. Don't believe you should look for the man who loves you more. As we discussed, there needs to be alignment, as well as a deep and genuine connection. In order for you determine the alignment and connection, you have to be open and vulnerable, as well as embrace the love you have for this person. All of this goes back to the root of addressing your issues. Have you resolved any lingering fears? Have you healed from your past and completed the work within, for you to receive, accept, and nurture the great relationship God has for you?

A whole man will want a whole woman.

You have to work on being whole. It's not about finding a man who completes you, it's about completing yourself and receiving the man who complements you, as you complement him in return. That's the relationship that will flourish and become something amazing.

Be willing to give all of yourself and if you're not ready, then you know there's work to be done. Don't be afraid of it. We all have room for improvement and things we need to work on in life. We all have to embrace

learning, growing, evolving and healing because we've all been hurt. We've all been damaged at some point. But there are those who work, resolve, and arise from it greater than ever, and those dwell in it.

Make sure you're not the one who's dwelling in it.

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Conclusion



Ultimately, I hope after reading this book you've gained a lot of insight, some peace, and clarity on the things you need to be aware of while you prepare yourself to receive the man God has for you, as well as evaluate if he, in fact, is the right man.

If you go back and read, *God Where Is My Boaz*, it's one of the key premises I present—prepare and position yourself. You want to be sure that's something you're working on as you move along this journey because you're no longer “waiting” for Boaz.

You're in the process of receiving the man God has for you.

While in this process, you're doing your part and becoming your best self. Regardless of what happens romantically in your life, becoming your best self is most important. It's important with regard to being in alignment with where God wants you to be, as well as receiving all the opportunities and blessings

He has for you.

So it's not just about a man, there's a bigger picture here.

It all comes together when you get right yourself and find your purpose. When you love yourself, heal, get rid of past hurts, disappointments, and flush that negative energy out of your system. You become the woman you were always created to be and that's a beautiful thing.

However, let's get back to the man that you're going to receive along this journey.

I want you to know that it is possible, in some scenarios, for you to meet that guy and he's the one, but it's not time yet—right guy, wrong time. I've heard people say if it's the wrong time then he can't be the guy, and that's not true. Many people cross paths with each other at a time when they're not ready, or it's not time for them to get together romantically. We assume somehow that because we meet someone and we have feelings, that we now have to move forward into romantic relationship.

No, not necessarily.

God may want a process to occur before that time comes. For all you know, you meeting him is so that you can see what's coming, so that you can see the blessing is there. But, there's still some work to be done. And it's not just work on the man's end.

Some of you may have met that guy and he wasn't ready or he had some things he needed to get in order, and to be honest, that happens. However, if it's not time for you both this means there's stuff that you need to work on too.

Never think so highly of yourself that you believe there's no room for improvement. Humble yourself before God, understand that you have to open yourself up to whatever growth and lessons He wants you to learn, so that you can be better equipped for life and that relationship. Because if you don't get your ducks in a row, I guarantee when you two do come together, things will fall apart.

That's not I what want for you.

I want you to experience that amazing, successful, long-lasting relationship that everyone dreams of. You can have this for yourself. Again, sometimes it's the right person, wrong time and that's why praying and talking to God is so significant. It's critical in knowing how to handle things.

Here's a quick example:

I have a client who met a man a year ago. She really liked him. They spoke and he said to her, straight up, "I'm not ready yet, I need to get some things in order. I'm still working on my relationship with God, it's just not time." After he expressed that to her, he fell back to where he stopped calling and interacting. As a result, she was hurt and upset by his actions, and understandably so. She instantly believes the guy isn't for her, leaves him alone, and kills it.

A year later, the guy pops back up and she's still holding on to the anger and resentment in how he handled things. Even though, when you really look at it, he was trying to be responsible and honest about where he was and wasn't trying to play games; yet, she was still angry and resentful. When he pops back up, she's rejecting the idea of even finding out why he's back in her life. However, I encouraged her to pray and ask God what He wants her to do in this situation. She prayed and it led to God telling her to respond to him and she did.

Long story short, they ended up reconnecting and she saw the growth that occurred in him. They really hit it off and everything clicked. Although she started to get scared again, she continued to pray and God told her to move forward with him and this process. That story is still being written and it's moving along nicely.

I give you that example as a reminder to always be willing to pray and ask God. Don't allow your emotions to get in the way. Don't allow your fear to stop you, and understand that just because it wasn't time then, doesn't mean it's not time now.

I want you know to that you can have the relationship of your dreams. There *is* a man that God wants for you. You have to believe that you can receive it, which is the first step in this entire process—believing.

Believe and trust in God, then be willing to learn what steps you need to take. Be aware and keep your eyes open to what's discussed in this book on how to recognize and understand who and what you're dealing with.

But none of this ever overrides God's direct word to you in prayer. That's what I always want to encourage you to do. It's what I always believe is most important for you and if you embrace this, you'll always remain on the right track, and you'll always get what you deserve in life and more.

Stephan Labossiere is a man on a mission, and that mission is to make relationships happier and more fulfilling.

As a certified relationship coach, a speaker and author, Stephan seizes every opportunity to help both men and women overcome the challenges that hinder their relationships. From understanding the opposite sex, to navigating the paths and avoiding the pitfalls of relationships and self-growth.

Stephan's relationship advice and insight helps countless individuals achieve an authentically amazing life. Stephan empowers millions to take charge of the difficult situations standing in the way of the life and love they seek and to make impactful changes on a daily basis.

Dedicated to helping, and devoted to keeping it real. Stephan's straightforward, yet compassionate delivery style, attracts a versatile clientele including; notable celebrities, civic and social organizations, academic institutions, singles, and couples alike, who can and are ready to handle the truth!

Seen, heard and chronicled in national and international media outlets including; the Tom Joyner Morning Show, The Examiner, ABC, Huffington Post Live, and GQ to name a few.

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About the Author



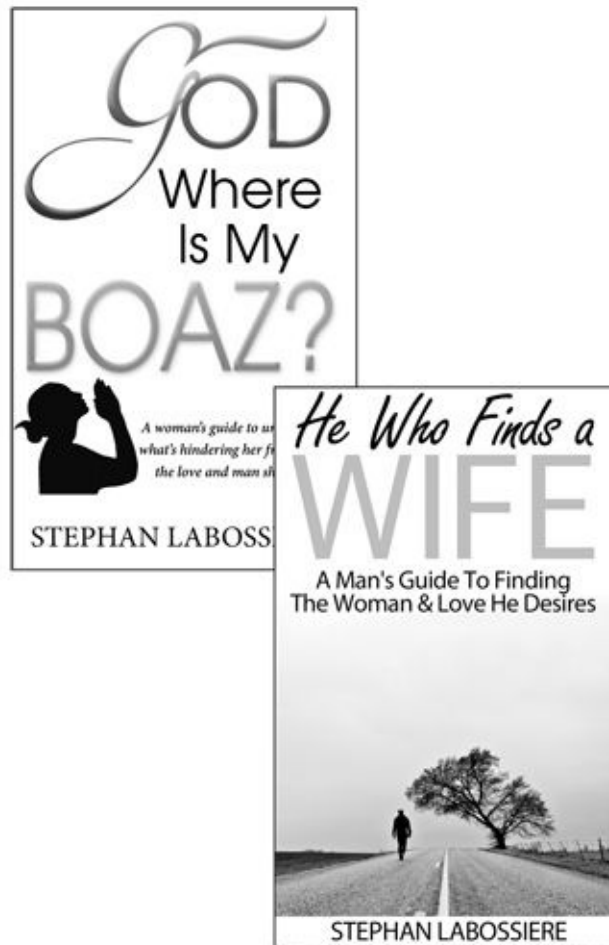
Stephan is highly sought-after because he is able to dispel the myths of relationship breakdowns and obstacles--platonic, romantic, and otherwise with fervor and finesse.

To coin a phrase by an individual who attended one of his speaking engagements, "he's definitely the relationship guy, all relationships all the time."

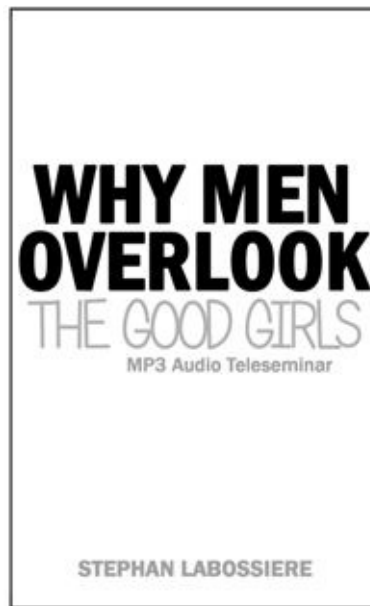
With an international following of singles and couples alike, the name Stephan Labossiere is synonymous with breaking down relationship barriers, pushing past common facades, and exposing the truth. It is this understanding of REAL relationships that he brings to everyone he encounters.

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Other Books & Resources



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